



Learn!



Winter/Spring 2017

Registration Information

Eligibility

Residents and non-residents are welcome to register for any WCE class. We provide programming for kids grades K–12 and adults of all ages.

How to Register



Register online and receive confirmation via email. Plus, avoid a registration fee:

www.westportcontinuinged.com.



Fill out the appropriate registration form in the catalog and mail it to us at: WCE, 70 North Avenue, Westport, CT, 06880.



Call us on the phone: (203) 341-1209, or fax your completed registration form to the office, (203) 341-1218.



Register in person at Staples High School, Room 1040, 70 North Avenue, Westport, CT.

Payment

We accept only MasterCard, VISA, or checks made payable to WCE. Payment in full must accompany your registration, and all registrations must be made in advance.

Serving you for over 50 years

Staples High School
70 North Avenue, Room 1040
Westport, Connecticut 06880
M–Th 8:00 am–8:00 pm
Fri 8:00 am–4:00 pm

Contact Us

conted@westport.k12.ct.us



Y ou’re reading this sometime in December, but I’m writing it in November. The day before Thanksgiving, to be exact. And I’m thinking about turkeys. Probably because I’m hungry, but also because I know that tomorrow, I’ll be spending a good portion of my day obsessing about a fowl that is nearly impossible to cook well under any circumstances, let alone when you have 18 guests—including four ravenous teenagers—waiting for you to put a chestnut-hued, Rockwellian masterpiece on the table.

If your Thanksgivings are anything like mine, they’re a counterintuitively haphazard affair—both meticulously planned and raucous. It’s not that I don’t write a million lists. It’s not like I don’t marshal the troops (including two of those ravenous teenagers) for set-up and sous chef and sundry other duties. It’s that it’s Thanksgiving. So we’re always scooping up last-minute orphans and adding dishes that we *cannot have Thanksgiving without, mom*, and generally running around like, well, like turkeys with our heads cut off. Which I secretly love.

To tell the truth, that’s pretty much how these catalogs get put together. We plan meticulously. We write a million lists. We track everything with multiple Excel spreadsheets. And still, we’re always scooping up last-minute instructors—welcome to Ramin, our Beautifully Delicious Family Cookbooks teacher, and to Ramesh, who has the lowdown on Big Data, and to Alice Addicks, who’s bringing pickleball to our catalog—and adding classes to our schedule and generally running around like, well, like chickens with our heads cut off.

And somehow, just like at Thanksgiving, it all works out beautifully. We get to know new people and learn new things and break bread together, even if that’s the only thing that’s edible because I’ve overcooked the damn turkey again.

Ellen Israel, *Director* (and Staples graduate, Class of 1984)

School Location Guide

BMS	Bedford Middle School, 88 North Avenue
CES	Coleytown Elementary School, 65 Easton Road
CMS	Coleytown Middle School, 255 North Avenue
GFS	Greens Farms Elementary School, 17 Morningside Drive South
KHS	Kings Highway Elementary School, 125 Post Road West
LLS	Long Lots Elementary School, 13 Hyde Lane
SES	Saugatuck Elementary School, 170 Riverside Avenue
SHS	Staples High School, 70 North Avenue
WSC	Westport Senior Center, 21 Imperial Avenue

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Important Information

Class Location

Unless otherwise noted, adult enrichment classes, workshops, and programs are held at Staples High School, 70 North Avenue, Westport.

Class Schedules

Adult enrichment classes follow the school calendar. Dates when classes do not meet are listed under each class description.

School Closings

In the event that Westport Public Schools are closed for inclement weather or another emergency, or if there is an early dismissal, all Continuing Education classes will be automatically canceled.

All class cancellations will be announced on our website, www.westportcontinuinged.com.

Westport Seniors

See page 38 for more information about the Westport Center for Senior Activities.

Arts + Crafts

See Home + Garden for related classes, including Flower Arranging, Gardening, and Outdoor Container Gardening

See Technology + Computers for related classes, including Basic Photoshop and Advanced Photoshop

Honey Do: A Beauty Workshop

Honey is hot—for sweetening naturally but also as an ingredient in healthier beauty products. It's loaded with nutrients, antioxidants, and healing compounds, and it's a moisturizer, an anti-bacterial, and an anti-ager in one sweet package. Spend an inspiring afternoon at the beautiful new Red Bee Honey barn for this workshop on handmade and homemade beeswax lip balms and hand salves. Learn about basic essential oils and their healing properties. No experience is necessary, just curiosity and a creative spirit. Students will take home one lip balm sample after the demo.

132 **\$35**
1 Sunday Jan 29
1:00–3:00 pm Directions will be emailed prior to class

Marina Marchese is the beekeeper behind Red BeeHoney and co-author of The Honey Connoisseur: Selecting, Tasting, and Pairing Honey. She is the only American member of the Italian National Registry of Experts in the Sensory Analysis of Honey and is the founder of the American Honey Tasting Society. She is a past president of the Backyard Beekeepers Association of Connecticut and proud recipient of the Slow Food Snail of Approval. Visit www.redbee.com.

Homemade Hostess Gifts

Jump feet first into the sometimes daunting world of crafting. You'll be introduced to crafting's essential go-to tools and materials as you complete several on-trend projects you can give as hostess gifts. Open up a world of possibilities, from etched glass and leather napkin rings to wine and game sets. Learn to love burlap, chalkboard paint, hot glue guns, X-ACTO knives, and more. Leave each class with actual gifts you've made and step-by-step cheat sheets, so you can recreate each project on your own. A non-refundable materials fee of \$10 is included.

135 **\$55**
2 Thursdays Apr 27 & May 4
7:00–9:00 pm SHS 1004

Allison Taylor's passion for design dates back to elementary school, when she taught her best friend to use Mod Podge. After a career as a designer at Tommy Hilfiger, she left the city to raise her two kids, two dogs, and 10 wild chickens. One summer, she built a sofa. Seriously, a sofa!

Furniture Painting Workshops

Open any design magazine, and it's obvious: painted furniture is in. If you love the look, join us for these relaxed, fun, and inspirational workshops. The first session of each workshop will cover the basics of the Annie Sloan Chalk Paint® method, including the four basic techniques: two-color finish, smooth finish, rustic finish, and basic crackle finish, plus wax application. The second will focus on advanced techniques, including color washing, dry brushing, frottage, and creating a weathered look with a wet wax technique. Materials are included; no chemicals or stripping. Classes will be held at Junktique Recycling in Norwalk.

2 sessions / \$215
943a Wednesdays Mar 1 & 8
10:00 am–1:30 pm Junktique Recycling
239 Westport Avenue, Norwalk
943b Wednesdays May 3 & 10
10:00 am–1:30 pm Junktique Recycling
239 Westport Avenue, Norwalk

Daniella Toth is a certified decorative furniture painter and owner of Junktique Recycling, a company specializing in workshops and custom furniture painting, and a stockist and trainer for Annie Sloan products and techniques.

Mandala Collage Painting

Mandalas are beautiful, intricate, and symbolic representations of the universe, and painting one is an inspiring way to connect with your intuitive wisdom and creative thinking. This class will offer a supportive and nourishing environment in which to explore and create one-of-a-kind pieces of heARTwork. Make a mixed media mandala for healing, vision, tribute, or as an expression of simple joy. Join us, and you'll be amazed at what you create. No artistic experience necessary. A non-refundable materials fee of \$15 is included.

120 **\$115**
3 Thursdays Mar 16–30
6:45–9:15 pm SHS 1004

Whitney Krueger is an award-winning artist who offers soul art workshops as a tool for self-discovery, healing, and renewal. She has created sacred art for over 20 years, and her work has been featured in numerous museum exhibits, cultural centers, conferences, and international publications. Clients include Bioneers, Disney, Estée Lauder, and the SYDA Foundation.

Introduction to Drawing & Acrylic Painting

Acrylic painting is among the most versatile and flexible of mediums. In this class, you'll use it to paint still lifes, landscapes, and portraits. Starting with the fundamentals of drawing, composition, and painting techniques, you'll learn the steps from sketch to finished painting, building confidence as you go. Demonstrations and discussions will help you achieve your goals, whether you're painting your masterpiece or just getting started as an artist. Those who wish to draw exclusively or whose main interest is painting are equally welcome. Materials list available in the office and on our website.

168 **\$235**
10 Tuesdays Jan 24–Apr 18 (no class Jan 31, Feb 21, Apr 11)
7:00–9:30 pm SHS 1004

Steve Parton is an award-winning artist known for his insightful portraits of people and animals. His works are exhibited nationally. Visit www.stevenparton.com.

Advanced Acrylic Painting

Already experienced with acrylics? Want to stretch your wings? Take advantage of expert guidance and critical feedback and take your painting further in a supportive, fun atmosphere. Each week will feature demonstrations and discussions of materials and techniques you can use to enhance your vision. Personal projects are encouraged. Materials list available in the office and on our website. [Taught by Steve Parton]

166 **\$235**
10 Wednesdays Feb 1–Apr 26 (no class Feb 15, 22, Apr 12)
7:00–9:30 pm SHS 1004

Watercolor

For beginner or intermediate painters who wish to become more comfortable with the freedom of watercolor, we offer this class exploring an art form that dates back to the cave paintings of Lascaux. Classes will cover basic drawing, composition skills, and watercolor techniques, and you'll gain confidence as you explore—step by step—still life, landscape, and figure painting. As always, the atmosphere will be comfortable, relaxing, and low-pressure, so you can focus on the creative process instead of a perfect product. Materials list available in the office and on our website. [Taught by Steve Parton]

064 **\$235**
10 Mondays Jan 30–Apr 17 (no class Feb 20, Apr 10)
3:00–5:30 pm SHS 1004

Jewelry Making I: Beginners

Work under the guidance of an experienced goldsmith and learn to use the tools and techniques necessary to create a basic piece of jewelry: a strand of beads with a clasp, a ring or pendant set with a colorful stone, or a wire bangle or cuff bracelet. You'll work with different metals—brass, copper, and nickel, in wire and sheet form—and try your hand at sawing, piercing, hammering, twisting, texturing, and letter stamping. Solder and polish your custom designs to a lovely finish. A non-refundable materials fee of \$20 is included; additional fees may apply when using more expensive materials.

7 sessions / \$205
455a Wednesdays Mar 1–Apr 19
6:30–9:00 pm SHS 1012 (no class Apr 12)
455b Wednesdays May 3–Jun 14
6:30–9:00 pm SHS 1012

Susan Bishop has been teaching local residents to craft beautiful jewelry for seven years.

Jewelry Making II: Advanced

If you've taken our Jewelry Making classes before, or if you have a basic knowledge of jewelry fabrication, this course offers you the time, space, and guidance you need to sharpen your skills, improve your technique, and produce more detailed pieces. Class projects will help you understand how to design a more intricate piece and how to refine the quality of your production with finishing techniques. Learn to design around a center stone, or to make a hammered chain link bracelet or necklace. Guidance is available from design concept to creation. A non-refundable materials fee of \$20 is included; additional fees may apply when using more expensive materials. Prerequisite: ours or another beginner jewelry course. [Taught by Sue Bishop]

7 sessions / \$205
457a Tuesdays Feb 28–Apr 18
6:30–9:00 pm SHS 1012 (no class Apr 11)
457b Tuesdays May 2–Jun 13
6:30–9:00 pm SHS 1012

Turn the page for for more Arts + Crafts

Knitting 101

Go in circles with us! Learn to knit with circular needles and lighten your load. Exchange your metal or bamboo straight needles for flexible, nylon-filament needles, and your hands won't have to do all that heavy lifting. Circular needles mean your afghans, shawls, and ponchos sit lighter. And once you master the skill, you'll never have to sew up another hat, cowl, or infinity scarf again. This class will cover casting on, knitting, purling, and binding off. Choose from our extensive selection of yarns, patterns, and needles; yarn and needles will be available for purchase at the first class. No experience necessary. This class is for beginners or those wanting a knitting refresher. [Taught by instructors from Westport Yarns]

171 **\$69**
 2 Saturdays Mar 4 & 11
 9:00–11:00 am Westport Yarns, 582 Post Road East

DSLR: Basic Digital Camera Operation

Learn to use your camera so your images are properly exposed, sharply focused, and compositionally balanced. This class will cover all the basics: camera operation, the use of flashes and tripods, film speeds and quality settings, white light and color balancing, composition as it relates to the photographic masters and painters of the past, lighting as it relates to portraiture and still life, and tips on photographing kids, families, pets, flowers, and other things both stationary and in motion. Instruction will emphasize the basics, but the class will allow for individual creativity. Bring your camera and manual.

094 **\$169**
 8 Mondays Feb 6–Apr 3 (no class Feb 20)
 7:00–9:00 pm SHS 1036

John Zappala received a degree in graphic design from Farmingdale State University and a BFA from St. John's University. He has practiced and exhibited advertising, fashion, and corporate photography for over 25 years.

Beautiful Photobooks

Bring your memories to life by making your own beautiful and personalized photobooks. First, we'll review the pros and cons of a few of the best—and easiest to use—sites that offer photobook applications. Then you'll learn how to upload your photographs to editing sites, format pages, add captions, and customize designs. If you have thousands of digital pictures stuck on your computer collecting digital dust, don't miss this course!

3 sessions / \$79
100a Wednesdays Jan 25, Feb 1, 8
 7:00–9:00 pm SHS 2034
100b Tuesdays Apr 25, May 2, 9
 7:00–9:00 pm SHS 2034

Kelly Zatorsky has taught in Westport Public School District for the past 12 years. She has her MA in educational technology and is a certified and practicing library media specialist. When she's not teaching teenagers at work, or wrangling tyrannical toddlers at home, she's capturing memories of family and friends with her side business of photography and photobook-making.

Beautifully Delicious Family Cookbooks

Cookbooks are more than just collections of recipes. They are important records: of cultural history, of family lore and traditions, and most of all, of memories. Share your family recipes by making your own personalized cookbook, complete with recipes, stories, and photos of your favorite dishes. Let an award-winning cookbook author guide you through the process. We'll review cookbook applications and help match one to your specific needs, teach you how to write a recipe that anyone can follow, and walk you through the process of uploading everything to the application of your choice. Give us your tired 3"x5" index cards, your poor peach pie recipes, your muddled manicotti instructions, and we'll give you what you need to create a beautifully delicious family cookbook.

112 **\$79**
 3 Wednesdays Mar 1–15
 7:00–9:00 pm SHS 2034

Ramin (Ganeshram) Vellotti is a cookbook writer, professional chef, and celebrity chef cookbook ghostwriter. Her latest book, Cooking With Coconut: 125 Recipes for Healthy Eating: Delicious Uses for Every Form—Oil, Flour, Water, Milk, Cream, Sugar, Dried, and Shredded, was released December 2016 from Workman/Storey Publications.

Cards + Games

Beginner / Advanced Beginner Bridge

Begin to learn the fascinating game of bridge, or brush up on those long-forgotten rules and conventions. This class will (re)introduce you to the language of bidding, scoring, guidelines for play, hand valuation, and some simple bridge conventions. Each lesson will be followed by supervised play of preset hands.

194 **\$130**
 7 Thursdays Apr 27–Jun 8
 7:00–9:00 pm SHS 1036

Jackie Fuchs has been teaching bridge for more than 20 years in Westport and surrounding towns. She welcomes players who want the challenge of new activity, those who want to brush up on their bridge, and those who want to bring their bridge knowledge into the 21st century.

Advanced Beginner / Intermediate Bridge

Continue your adventure with the fascinating game of bridge. Review the basics of bidding language and conventions. Build your skills with added conventions such as Stayman, Blackwood, Gerber, transfers, and weak and strong twos. Lessons will be followed by supervised play of preset hands. [Taught by Jackie Fuchs]

196 **\$149**
 8 Wednesdays Feb 1–Apr 5 (no class Feb 15 & 22)
 7:00–9:00 pm SHS 1036

Play of the Hand

Players with all levels of bridge experience will enjoy this course focusing on offensive and defensive play of the hand. Come ready to learn techniques to improve your play. Hands will be prepared and randomly dealt. [Taught by Jackie Fuchs]

095a **\$149**
 8 Thursdays Feb 2–Apr 6 (no class Feb 9 & 23)
 7:00–9:00 pm SHS 1036

095b **\$130**
 7 Wednesdays Apr 26–Jun 7
 7:00–9:00 pm SHS 1036

**Come Play Bridge presents
 Beginner Bridge II & III**

For students who have taken Come Play Bridge: Bridge Basics I, or with similar experience

Congratulations... you're playing bridge after just 10 short lessons! In our Beginner Bridge Basics II and III series, you'll refine the fundamentals of bidding, playing, and scoring, guided by acclaimed bridge pro Joe Byrnes. Each class is a mix of instruction, play, and practice and is imbued with Joe's inimitable sense of humor. No partner required.

8 sessions / \$175
Beginner Bridge II
231 Mondays Jan 23–Mar 20
 3:30–5:30 pm SHS1036 (no class Feb 20)

Beginner Bridge III
232 Mondays Apr 3–Jun 5
 3:30–5:30 pm SHS 1036 (no class Apr 10, May 29)

Joe Byrnes was awarded NYC Teacher of the Year in 2013, 2104, and 2015 and was a national finalist for the 2015 American Bridge Teacher Association Teacher of the Year. Visit www.bridgeprojoe.com.

**Come Play Bridge presents
 Advanced Beginner Bridge II & III**

For students who have taken Come Play Bridge: Advancing Beginner, or with similar experience

By this point, you're improving your bidding, responding to your partner, making simple overcalls, and doubling. You've added tactics like finessing and promoting winners to your toolkit. In the next series of lessons, we'll concentrate more on play-of-the-hand, called declarer play. We'll cover defense and will introduce you to strategic leads and how to communicate with a partner via signals to set the declarer's contracts. We'll also begin to add conventions to your arsenal for both declarer play and defensive play. No partner required.

8 sessions / \$175
Advanced Beginner Bridge II
233 Fridays Jan 27–Mar 31
 3:00–5:00 pm SHS 1036 (no class Feb 17 & 24)

Advanced Beginner Bridge III
234 Fridays Apr 21–Jun 9
 3:00–5:00 pm SHS 1036

Robin Sanders is ACBL accredited and the co-owner of Come Play Bridge, an organization committed to serving up a better bridge experience in a fun and nurturing environment. Visit www.comeplaybridge.com.

Cooking

See Languages for related classes, including Italian for Beginners

Italian Cooking with Simona Zanelli

Classes meet in SHS Room 184, 7:00–9:00 pm.

Mardi Gras Madness: Sweet Treats for Fat Tuesday

Learn to make a classic tiramisu and several modern variations, including a pistachio twist and a strawberry tiramisu with yogurt-based cream, plus chocolate salami, a delicious roll of chocolate, cookie crumbs, and hazelnuts. A non-refundable food fee of \$20 is included.

426 \$55
1 Thursday Feb 2

Good Eggs: A Spring Meal

Celebrate spring and the spring holidays with a spinach and ricotta pie with hard boiled eggs and *fiadoni*, a central Italian Easter treat made with egg dough, pecorino, and Parmesan. A non-refundable food fee of \$20 is included.

427 \$55
1 Thursday Mar 30

A native of Rome, Simona Zanelli learned an eclectic mix of traditional and contemporary Italian cuisine directly from family members passionate about food made from the freshest, highest quality, local ingredients. She caters events of all sizes and teaches Italian cuisine, language, and culture.

SHS Cooking Classes Location

When you arrive at Staples High School, drive around the left side of the building. Park and enter the building through the Lou Nistico Sports Complex/South Entrance. Inside, turn left; the culinary rooms are down the hallway, on your left.

All classes take place in our professional-grade kitchens. The classrooms and kitchens where our cooking classes are held are not food allergy free. Nuts, shellfish, etc., are used frequently.

Film Series

See Languages for related classes, including German for Beginners, Part II and Conversational German

Westport Cinema Initiative Foreign Film Series

The last film of our new program featuring acclaimed films and post-screening discussions by critics, filmmakers, and academics.

Tickets \$10 / discounted rate for students & WCI charter members. All shows begin at 6:00 pm, in the Staples TV Studio, room 450.

The Marriage of Maria Braun, 1979, directed by Rainer Werner Fassbinder

This West German film explores the realities of post-war Germany and examines the nature of love and loss in a time of war and reconstruction.

200d Running time 1:55
1 Thursday Jan 5

Westport Cinema Initiative is dedicated to establishing a permanent venue for cinema in Westport.

Fitness + Health

See Mind + Body for related classes, including Mindfulness Meditation & Stress Reduction

Mindful Yoga

Move slowly and thoroughly through your yoga postures, turn your attention to your body alignment and breath, and build the strength and range of motion you need to get through your days with ease. You'll leave this engaging and energizing class feeling relaxed and at peace. No experience necessary; all students are encouraged to work to their potential. Bring a mat and towel.

177a \$235
10 Thursdays Jan 12–Mar 23 (no class Feb 23)
6:30–7:45 pm Westport Senior Center, 21 Imperial Avenue

177b \$185
8 Thursdays Apr 6–Jun 1 (no class Apr 13)
6:30–7:45 pm Westport Senior Center, 21 Imperial Avenue

Sandy Adamczyk has studied yoga for over 35 years and teaches throughout Connecticut. She offers alternative yoga positions to accommodate the needs and capabilities of her students.

Tai Chi for Beginners

Harvard Medical School calls the ancient practice of tai chi "meditation in motion." It can help manage stress by creating a heightened sense of self-awareness, soothing the nervous system and increasing cognitive and brain plasticity. Tai Chi Easy™ is a carefully developed method and approach to tai chi that makes learning easy, beneficial, and fun from the very beginning. Students will learn a series of simple qigong movements to strengthen body and calm the mind and a short form of yang style tai chi to enhance joint flexibility, circulation, range of motion and improve balance, no matter your age or fitness level. Wear loose clothing.

8 sessions / \$119
877a Tuesdays Jan 24–Mar 28
7:00–8:00 pm SHS 2nd fl. mezz. (no class Jan 31, Feb 21)

877b Tuesdays Apr 18–Jun 6
7:00–8:00 pm SHS 2nd fl. mezz.

Bill Wrenn is a certified tai chi and qigong instructor who has practiced yoga, meditation, and other forms of energy work for 30 years. He earned his MA from Columbia Teachers College and his tai chi and qigong certification from the Institute of Integral Qigong & Tai Chi. Bill teaches throughout Fairfield County. Visit www.movingharmony.com.

Badminton

Forget those stodgy Victorians lofting shuttlecocks on sweeping lawns. This is badminton for the 21st century: fun, fast-paced, and coed. Designed for beginning as well as experienced players, this class offers the opportunity to develop your aerobic stamina, agility, and coordination. Plus, badminton! Give it a try. You'll leave with an increased appreciation for the sport and a whole lot of new friends. Sneakers and badminton racquet required. Racquets are available, if needed.

175 \$129
10 Wednesdays Mar 29–Jun 7 (no class Apr 12)
7:30–9:30 pm SHS Gym

Peter Bartush, an award-winning badminton player, has been coaching adults and children for over 25 years.

Pickleball

Pickleball is sweeping the nation. Get caught up in the craze! Combining elements of tennis, badminton and ping-pong, pickleball is a paddle sport designed for all ages and skill levels. The rules are simple; the game is easy for beginners to learn. And once you've mastered the basics, pickleball can develop into a fast-paced, competitive game for doubles or single players. Join longtime Westport Public Schools athletic coach Alice Addicks for lessons in your new favorite pastime. If she can teach it to a class of slumping high school seniors (and she has), she can teach it to you.

125 \$85
8 Mondays Mar 27–May 22 (no class Apr 10)
6:30–8:00 pm SHS Gym

Alice Addicks coached track and field at the junior high and high school level for 20 years. Over the span of her career in the Westport School System, she substitute taught physical education and provided a multitude of other services to her students. Long before it became all the rage, Alice was teaching pickleball to Westport students of all skills and age levels.

Tennis for Adults

The **beginner** level is for players who have never played before or who have never had formal instruction. **Advanced beginner** is for players who have completed the beginner class, or have had an introduction to grips and strokes and are starting to make contact with the ball on a regular basis. **Low intermediate** level is for players who are starting to keep the ball in play, are learning to serve and about court positioning, and can volley. **Intermediate** level is for players who can keep the ball in play consistently, can hit with some spin, and can serve and volley consistently. Fairfield County Tennis always maintains a low student-to-instructor ratio.

Beginner / Advanced Beginner
141a \$139
5 Tuesdays May 9–Jun 6
6:00–7:00 pm SHS Tennis Courts

Low Intermediate / Intermediate
141b \$139
5 Tuesdays May 9–Jun 6
7:00–8:00 pm SHS Tennis Courts

Fairfield County Tennis has been providing quality tennis instruction for all ages and levels of play for over 15 years. All of their teaching professionals are USPTR certified.

Turn the page for more Fitness + Health

Indoor Hoops Basketball for Adults

This winter, come in out of the cold and get into some pick-up basketball. Established in New York City by two weekend warriors, Indoor Hoops will take you back to the days of playing at the local park, with no-risk, weather-proof, intensely competitive, straight up basketball. This is two hours of pick-up style ball. No refs. No whistles. No shot clocks. Call your own fouls. Play the game the way the game was intended to be played. It's easy, inexpensive, and effortless: register online, then pick a date. All games played at SHS gym or fieldhouse.

Tues & Thurs / Mar 28–Jun 8 / 7:30–9:30 pm / \$13 per session
To register, visit www.indoorhoops.com.

Indoor Hoops Inc. is the premier pick-up basketball organization in the Tri-State Area. Visit www.indoorhoops.com and follow @indoorhoops.

Fitness Kickboxing

Have fun and get fit with this calorie-burning workout that focuses on cardiovascular strength, conditioning, and flexibility. A no-contact workout, fitness kickboxing will have you hitting a heavy bag, learning combinations and strategy, and improving your footwork. Students can bring gloves or purchase gloves at Superior Fitness & Martial Arts for \$30. Classes will be held at Superior Fitness & Martial Arts, located at Fitness Works, Playhouse Square, 275 Post Road, Westport.

7 sessions / \$170

115a Tuesdays Jan 17–Mar 7
 6:00–7:00 pm Superior Fitness (no class Feb 21)
 & Martial Arts

115b Tuesdays Mar 14–May 2
 6:00–7:00 pm Superior Fitness (no class Apr 11)
 & Martial Arts

Chris Sansonetti has been teaching martial arts and self-defense for more than 20 years. A certified Krav Maga instructor and a 4th degree black belt in Tang Soo Do, Chris is the owner of Superior Fitness & Martial Arts. In 2008, he was inducted into the Action Martial Arts Magazine's Hall of Fame for Outstanding Contributions in the Martial Arts. Visit www.superiorkarate.net.

Krav Maga

Krav Maga is hardcore fitness meets self-defense. A no-nonsense, easy-to-learn system that combines striking, ju-jitsu, and weapon defense, Krav Maga is a full body workout, with bag work, self-defense concepts, and drills that will strengthen your body, sharpen your mind, and boost your confidence. Classes will be held at Superior Fitness & Martial Arts, located at Fitness Works, Playhouse Square, 275 Post Road, Westport. [Taught by Chris Sansonetti, Superior Fitness and Martial Arts]

7 sessions / \$170

116a Tuesdays Jan 17–Mar 7
 7:00–8:00 pm Superior Fitness (no class Feb 21)
 & Martial Arts

116b Tuesdays Mar 14–May 2
 7:00–8:00 pm Superior Fitness (no class Apr 11)
 & Martial Arts

Adult Swimming: Beginner to Advanced

One of the best overall exercise methods, swimming increases flexibility, endurance, muscle strength, and cardiovascular fitness. And because it places no stress on your joints, it's an ideal recreational activity for people of all ages. So treat yourself to the pleasures of the pool with this class for first time learners, for those brushing up on long-forgotten strokes, or for regular swimmers. Teaching is geared to your level and your pace; we'll help you learn how to swim... or how to swim well.

6 sessions / \$109

192a Wednesdays Feb 1–Mar 22
 7:30–8:45 pm SHS Pool (no class Feb 15 & 22)

192b Wednesdays Apr 5–May 17
 7:30–8:45 pm SHS Pool (no class Apr 12)

Phil Walklet is one of nine swimming brothers and sisters. He has held various aquatic positions, ranging from lifeguard to swim instructor to pool director and has coached for local, competitive swim teams.

MELT Method®: Improve Your Yoga Practice

Take your yoga practice to the next level and learn how to avoid common yoga injuries with the MELT Method®. Yoga can improve flexibility and muscular strength, but done incorrectly, it can also cause compensation, compression, and even pain. How do you go deeper in your practice and reduce the risk of injury? MELT® is a simple self-treatment technique that rebalances your nervous system and rehydrates your connective tissue. Learn how MELT® can improve alignment, strength, and even your breath. This class is the perfect complement to your yoga practice, whether you're a beginner or an advanced student. Bring an exercise mat and water to class. All participants should be able to get on and off the floor and the roller with little difficulty. MELT® tools are provided for use during class and are available for purchase, along with the bestselling MELT Method® book, from the instructor.

163 **\$29**
 1 Monday Mar 6
 7:00–8:30 pm SHS 2nd floor mezzanine

Kristen Hallett Rzasa is the owner of InterPlay Health, a whole-life wellness company focused on fitness, nutrition, and fun for women. She is a Jazzercise instructor, health coach, certified MELT Method® instructor, and host of the radio show A Matter of Balance: A Woman's Quest for Health, Harmony & Kick Ass Heels. Visit www.interplayhealth.com.

MELT Method®: Elevate Your Golf Game

Discover the competitive advantage that can reduce your handicap and take your golf game to the next level. MELT® is a simple self-treatment technique that rebalances your nervous system and rehydrates your connective tissue; use it to increase the strength of your grip and the control and accuracy of your swing, while preventing common golf injuries. This class is perfect for golfers, whether you're just teeing off or have been playing for years. Bring an exercise mat and water to class. All participants should be able to get on and off the floor and the roller with little difficulty. MELT® tools are provided for use during class and are available for purchase, along with the bestselling MELT Method® book, from the instructor. [Taught by Kristen Hallett Rzasa]

161 **\$29**
 1 Monday Apr 3
 7:00–8:30 pm SHS 2nd floor mezzanine

Don't Let New Year's Resolutions Sabotage You: Practicing Resolution Absolution

It's easy to make promises at 11:59 pm on December 31st, but it's much, much harder to keep them. Don't set yourself up for failure—again. Practice resolution absolution and make this year the year you lose that last five pounds, make exercise a regular part of your life, or do something huge, like finally run that marathon. Join veteran fitness professional Linda Gottlieb in a lively discussion about why 97% of New Year's resolutions will be discarded, when to call a do-over, and how to get the results you actually want.

118 **\$35**
 1 Wednesday Jan 25
 6:30–8:30 pm SHS 1034

Linda Gottlieb, owner of FIT Training, is a nationally certified personal fitness coach, cancer exercise trainer, and mindful eating mentor with over 30 years' experience. She is on staff at Yale University as a cancer exercise trainer, in addition to serving her in-home fitness clientele, and is the author of No Ifs and Butts: How to Turn Your Top 10 Exercises Excuses into Fitness Triumphs.

Jelly Belly: It's Not Just a Delicious Candy (Although It Would Be So Much Nicer If It Were)

When women hit middle age, their bellies are the first to notice. Love handles can do more than just make it hard to zip up your favorite pair of jeans. Research shows that belly fat also carries serious health risks. Learn the whys behind middle age menopausal belly and the hows of eliminating it, in a frank, fresh, funny, and low fat discussion. Understand your disease risk level and learn key ways to banish the belly—immediately. [Taught by Linda Gottlieb]

114 **\$35**
 1 Tuesday Mar 14
 6:30–8:30 pm SHS 1036

Moving Through Cancer

You or someone you love has just been diagnosed. Now what? Join nationally certified exercise trainer Linda Gottlieb for an informative and inspiring discussion about the connection between increased physical activity and decreased side effects and recurrence after a cancer diagnosis. [Taught by Linda Gottlieb]

112 **Free / advance registration required**
 1 Wednesday Mar 15
 6:30–8:30 pm SHS 1034

Turn the page for more Fitness + Health classes

FitPrint: Fitness for Your Personality

What does your personality have to do with your fitness? Turns out, a lot. Just like we have personalities, we have personal fitness preferences, and those propensities can mean the difference between success and another piece of exercise equipment to hang your clothes on. But what if you had a fitness plan that was tailor made for you? If you pay a gym membership but don't work out, can't find a class that doesn't bore you, or have a closet filled with videos and gadgets that are gathering dust, this is the class for you. Don't work out like everyone; work out like *you*. Join master fitness motivator Linda Gottlieb and learn how to match your personality to your exercise and finally get the results you want. A free FitPrint personality link is included for each participant. [Taught by Linda Gottlieb]

119 **\$35**
 1 Wednesday Apr 5
 6:30–8:30 pm SHS 1034

Home + Garden

See Arts + Crafts for related classes, including Furniture Painting and Homemade Hostess Gifts

See Pets + Other Backyard Critters for related classes, including Appetite for Adventure: A Beekeeping Workshop

5 Steps to Organizing Anything

Are you looking for simple solutions to help you get organized? Do you need a step-by-step plan? Join professional organizer Susan Lovallo and find out how to apply a simple 5-step methodology to get anything organized: your home, your office, your schedule, your kids, even your food plan. It's time to reclaim your kitchen counters, use your dining room table for dinner, and stop stepping on LEGOs.

914 **\$35**
 1 Tuesday Apr 4
 7:00–9:00 pm SHS 1036

Susan Lovallo is a certified professional organizer and the owner of Clutter Solutions, LLC, which provides services to individuals, families, and businesses. She is the author of Happily Organized: Little Stories about My Mom, the Most Organized Person in the World.

Flower Arranging 101: Pussywillow Wreaths

Feel as though winter will never end? Chase away those winter blues by bringing these glorious harbingers of spring to your home in the form of a pussywillow wreath. With step-by-step instruction from a professional floral designer, you'll learn to snip, bend, tie, and adorn your own wreath. No prior design experience required. Please bring snips or small handheld garden pruners if you have a pair. Non-refundable materials fee of \$40 included.

121d **\$75**
 1 Tuesday Feb 7
 7:00–9:00 pm SHS 1010

Evelyn Lee is a professional flower farmer, floral designer, and owner of Butternut Gardens, LLC, in Southport. Evelyn received her horticultural training at New York Botanical Garden. She holds an MA from the Yale School of Forestry and Environmental Studies and is a Connecticut Master Gardener. She grows 45,000 flowers annually for wholesale and retail. Visit www.butternutgardens.com.

Flower Arranging 101: Spring Wreaths

Your front door will look even more welcoming adorned it with a bright, beautiful spring wreath. We'll go step by step through the process of creation, from basic techniques to finished product. Incorporate a mixture of stunning springtime materials—dried, fresh, and faux fresh. No prior design experience required. Please bring snips or small handheld garden pruners if you have a pair. Non-refundable materials fee of \$40 included. [Taught by Evelyn Lee]

121e **\$75**
 1 Tuesday Mar 7
 7:00–9:00 pm SHS 1010

Flower Arranging 101: Spring Centerpieces

You'll be surprised at how easily you can create your own jaw-dropping, show-stopping centerpieces with this step-by-step introduction to floral design. All participants will make their own arrangement, featuring cut and potted flowers. No prior design experience required. Please bring snips or small handheld garden pruners if you have a pair. Non-refundable materials fee of \$40 included. [Taught by Evelyn Lee]

121f **\$75**
 1 Thursday Apr 6
 7:00–9:00 pm SHS 1010

Gardening 101: The Basics

Give your gardens and landscape plantings the best start possible by becoming a knowledgeable gardener. This class covers the basics of plant needs, hardiness zones, site preparation, soil, light, water, mulch, fertilization, pruning, and garden maintenance. Attention will also be given to what to consider in planning your garden and good plant options for various types of sites, including problem sites. Please note: this is not a class on vegetable gardening. [Taught by Evelyn Lee]

124a **\$35**
 1 Tuesday Apr 18
 7:00–9:00 pm SHS 1010

Gardening 101: Basic Landscape Planning & Problem Solving

Have a spot you don't know what to do with? A patch of lawn where nothing grows? In this companion class to Gardening 101: The Basics, you'll learn how to plant the right plant in the right spot and to artfully combine evergreen trees and shrubs, deciduous trees and shrubs, bulbs, perennials, and annuals for year-round interest. We'll discuss the roles of each type of plant group in creating a structurally sound and diverse garden, with interesting features and color for four season enjoyment. Principles can be applied to foundation plantings, stand-alone gardens, and full landscapes. Bring a photograph and rough dimensions of an area you hope to plant or rejuvenate, and we'll brainstorm possible design options to get you started. This class may be taken alone or in conjunction with Gardening 101: The Basics. [Taught by Evelyn Lee]

124b **\$35**
 1 Tuesday Apr 25
 7:00–9:00 pm SHS 1010

Outdoor Container Gardening

The popularity of container gardening is growing by leaps and bounds. From front porches to kitchen windowsills, you see them everywhere. And the beautiful thing about them, other than the plants themselves? Container gardens are simple to create and easy to maintain; apply a few basic principles and even first-time gardeners can bloom. If you love plants but have limited space and time, if you've always wanted to garden, this is the class for you. Get a little dirty and leave with a gorgeous, portable garden. Class will cover planting and caretaking instructions. Bring gloves, and a small trowel. Non-refundable materials fee of \$10 per class is included.

Sedum Dish Garden

Combine a mixture of succulents to create a dish garden that can live outdoors all summer and come inside over the winter. Bring a low ceramic bowl about 8" in diameter.

120i **\$39**
 1 Wednesday May 3
 3:00–4:30 pm SHS 1004

Mixed Annuals for Sun

Incorporate a mixture of colorful annuals to create a container that will last thru the first fall frost. Bring an 8" to 10" container with a drainage hole.

120j **\$39**
 1 Wednesday May 10
 3:00–4:30 pm SHS 1004

Mixed Herb Garden

Mix lavender, sage, rosemary, and thyme in a container that's both aromatic and practical: it helps repel mosquitoes! This container will thrive in a dry, sunny spot in your garden. Bring an 8" to 10" container with a drainage hole.

120k **\$39**
 1 Wednesday May 17
 3:00–4:30 pm SHS 1004

Mixed Vegetable Garden

Tomato, basil, and marigolds are natural companions that look fantastic and grow well together. Plant this tiny little garden and have veggies all summer long. Bring a 12" container with a drainage hole.

120l **\$39**
 1 Wednesday May 24
 3:00–4:30 pm SHS 1004

Amie Copeland Stark is the owner and principal designer of Mia Flora Gardens. She is a master gardener and the program director for the Easton Garden Club. Amie subscribes to the idea that gardening is cheaper than therapy... and you get tomatoes.

Turn the page for more Home + Garden classes

How to Avoid Costly Pitfalls When Selling Your Home

Selling your home? Avoid common mistakes and maximize the return on your investment. Join Rob Grodman, longtime Westport realtor, and a variety of speakers, including professional stagers and a professional organizer, as they discuss what you need to do to prepare for selling your home. Get answers to your questions from a panel of experts, including a building inspector, real estate attorney, accountant, mortgage broker, appraiser, and family attorney.

117 **\$35**
 1 Wednesday Mar 1 (storm date Mar 8)
 6:30–9:00 pm SHS 1047

Languages

See Cooking for related classes, including Italian Cooking with Simona

There are additional fees for language texts and materials.

Basic Conversational Spanish

Spanish has been spoken in what is now the United States since the 16th century. The language of Cervantes' *Don Quixote* and García Márquez's *One Hundred Years of Solitude*, Spanish is now this country's second most spoken language. We'll use a conversational approach to learn vocabulary and common phrases and to explore Spanish culture. Whether you're studying for travel, conversation, or business purposes, you'll gain the confidence you need to speak about food, travel, directions, lodging, shopping, and more. Students who have taken Intro to Spanish, or who have some knowledge of Spanish, are encouraged to return; new students are always welcome.

967 **\$135**
 8 Tuesdays Feb 28–Apr 25 (no class Apr 11)
 6:30–8:30 pm SHS 1054

Sarah O'Mahoney has taught Spanish for over 10 years. She earned her BA from the University of Rhode Island and her MA from the University of Saint Joseph. In her free time, Sarah uses her Spanish to eat tapas, drink vino, and dance the flamenco.

German for Beginners, Part 2

Without German, we wouldn't have delicatessens, pumpernickel, or pretzels. And where would we be without zeitgeist, angst, and kitsch? In the hinterlands, that's where! German for Beginners, Part II picks up where Part I left off. We'll continue to focus on vocabulary, pronunciation, and grammar, as well as explore

German culture, customs, and idioms. Students who have taken German for Beginners, Part I, or who have some knowledge of German, are encouraged to return; new students are always welcome. Students should bring to class *Learn German the Fast and Fun Way* (4th edition) by Neil Donahue.

167 **\$135**
 8 Mondays Jan 30–Mar 27 (no class Feb 20)
 7:00–9:00 pm SHS 1055

Robert Kibel has taught German at the German School of Connecticut for many years and has also taught at Sacred Heart University, Berlitz, and Norwalk Community College.

Conversational German

Raise a stein in praise of German, and join us for a class focusing on conversation in German. Think of it as an evening kaffeeklatsch for language lovers. As always, we'll explore both the language and the culture from which it derives. Students who have taken German for Beginners, Parts I and II, are encouraged to return; new students with a sound knowledge of German are always welcome. Students should bring to class *Learn German the Fast and Fun Way* (4th edition) by Neil Donahue. [Taught by Robert Kibel]

163 **\$115**
 7 Mondays Apr 17–Jun 5 (no class May 29)
 7:00–9:00 pm SHS 1055

Italian for Beginners

Whether you're planning a trip to Italy or just love Italian food, you'll enjoy this class. Designed for travelers, tourists, and other admirers of *la dolce vita* who want to communicate in Italian, this class will cover pronunciation, typical greetings, and travel-related dialogue. Enjoy learning about Italian culture while you learn to speak simple phrases in Italian, from *Arrivederci, Roma* to *zuppa di pesce*. Students who have taken Italian for Beginners, or who have some knowledge of Italian, are encouraged to return; new students are always welcome.

160 **\$145**
 8 Wednesdays Feb 1–Apr 5 (no class Feb 15 & 22)
 7:00–9:00 pm SHS 1054

A native speaker of Italian, Simona Zanelli grew up in Rome, where she practiced law and taught Italian law students. After moving to the United States in 2004, Simona has continued to teach Italian language and culture to children and adults, in both private and public schools.

Mind + Body

See Fitness + Health for related classes, including Mindful Yoga, Tai Chi for Beginners, MELT Method®, Resolution Absolution, Jelly Belly, Moving Through Cancer, and FitPrint

Mindfulness Meditation & Stress Reduction

Through discussion, sharing, group support, and the mind-body skills of meditation and stress reduction, this interactive class will teach you how to face stress, pain, and illness, how to live life in the present moment, and, ultimately, how to find peace, happiness, and serenity in the midst of life's inevitable ups and downs.

2 sessions / \$39
932a Tuesdays Mar 7 & 14
 7:00–9:00 pm SHS 502
932b Tuesdays May 2 & 9
 7:00–9:00 pm SHS 502

Dr. Paul Epstein, a naturopathic physician for 30 years, specializes in mind-body medicine and stress-related illness. He has spoken about and taught mindfulness meditation all over the world. Visit www.drpaulepstein.com.

What Do You Stand For?... And What Won't You Stand For?

Values Clarification uses structured activities—individual and small group exercises, as well as whole class discussions—to consider some of our most interesting and challenging life choices. Classes are always enjoyable and personally rewarding; your satisfaction is all but guaranteed. Leave every class with increased self-knowledge and a smile. Values are a moving target, and repeat students are welcome, but please be aware that the success of this class depends on the size of the group; the minimum to run is higher than normal, and interested students are strongly encouraged to register early.

940 **\$95**
 4 Thursdays Mar 9–30
 7:00–9:00 pm SHS 1051

Dr. Bob Selverstone has been a psychologist in private practice in Westport for more than 30 years. He has conducted more than 1,000 personal growth workshops and presentations in 31 states and on three continents.

Money Matters

See Home + Garden for related classes, including How to Avoid Costly Pitfalls When Selling Your Home

Please note that our instructors are hired to teach general concepts and not to provide specific investment advice to individuals. Students should consult their financial advisors or attorneys before making investment decisions based on our instructors' classroom examples.

Fundamentals of Investing

Let longtime Westport Continuing Education instructor Brenda Catugno demystify the world of investing. Understand the meaning of cash equivalents, stocks, bonds, mutual funds, and annuities, and how each category can work for you. This is an excellent class for those who are interested in learning simple strategies they can use for a lifetime of investing.

143 **\$35**
 2 Tuesdays Mar 21 & 28
 7:00–9:00 pm SHS 1047

Brenda Catugno, ChFC®, CDFATM, CASL®, is president at BPC, LLC, in Fairfield. She specializes in financial planning, portfolio management, divorce financial analysis, and creating individual action plans that meet her clients' financial needs. She has been teaching with Westport Continuing Education since 2000.

Retirement Planning: Current Trends & Tools to Help Your Money Last a Lifetime

In today's financial environment, retirement planning has become more complex than ever. It goes beyond merely having a good investment strategy; rather, retirement planning is a lifetime process. It encompasses accumulation and asset management; cash flow and "de-cumulation"; lifetime income distribution to cover expenses; risk management to protect that income from unexpected, adverse health events; legacy planning to direct assets efficiently to the people you care about; and strategic tax planning. This class will also address long-term care planning and funding solutions, including but not limited to long-term care insurance. It's a lot to manage, but this class can help make retirement planning less... tiresome.

215 **\$49**
 2 Wednesdays Mar 15 & 22
 7:00–9:00 pm SHS 1047

Michael K. Rosenman, CLU® ChFC® CASL® AEP, has been a financial advisor with Northwestern Mutual since 2001 and is based in Stamford.

Turn the page for Money Matters classes

Maximizing Your Social Security

Given the many changes to Social Security enacted by successive Congresses, are you prepared for your retirement? In this class, you'll learn how to get the most out of your social security benefits, how to manage longevity risk, and strategies to maximize the amount of money you receive throughout retirement. Among the topics covered will be spousal benefits, the impact of divorce, death, delaying benefits, early retirement, and taxation. You'll also receive *Myths and Facts about Social Security and Social Security: What Should You Do at Age 62*.

199 **\$29**
 1 Tuesday Apr 25
 7:00–8:30 pm SHS 1047

John Brenkovich, CFP, ChFC, AAMS, is the owner of Brenkovich Financial Management, Inc., and a certified financial planner professional, financial advisor and registered principal, and licensed life insurance agent.

Estate Planning

This detailed seminar on estate planning techniques and estate administration emphasizes reducing or avoiding transfer taxes and maximizing lifetime wealth. There will be an in-depth review of federal and state transfer tax laws, including why now is the best time to prepare or update an estate plan. Learn about the probate process and the truth about avoiding probate, how wills and trusts are used in estate planning, how to plan for incapacity, and the importance of retitling assets and updating beneficiary designations. The class will also include retirement assets, gifting, life insurance, digital assets, sophisticated planning, and more. Case studies will be included.

162 **\$75**
 3 Tuesdays Feb 7–28 (no class Feb 21)
 7:00–9:00 pm SHS 1047

Patricia R. Beauregard, Esq., is a partner at Cummings & Lockwood, LLC. Her practice includes estate and tax planning, wills, trusts, probate, estate administration, trust administration, and tax exempt law, including endowments, governing boards, and formation of charitable entities.

Pets + Other Backyard Critters

See Arts + Crafts for related classes, including Honey Do: A Beauty Workshop

**Appetite for Adventure:
 A Beekeeping Workshop**

From rooftops of major cities around the world to the White House, beekeeping is a trend that is here to stay. Local beekeeper, author, and founder of Red Bee Honey, Marina Marchese will take you on a hands-on journey into the fascinating world of honeybees. Learn basic beekeeping practices, from setting up your first beehive to honey harvest and everything in between. Attendees will be treated to a taste of honey afterwards. No experience necessary, just curiosity and a creative spirit! Class will be held at Red Bee Honey Barn in Weston.

130 **\$35**
 1 Sunday Mar 5
 1:00–3:00 pm Directions will be emailed prior to class

Marina Marchese is the beekeeper behind Red BeeHoney and co-author of The Honey Connoisseur: Selecting, Tasting, and Pairing Honey. She is the only American member of the Italian National Registry of Experts in the Sensory Analysis of Honey and is the founder of the American Honey Tasting Society. She is a past president of the Back Yard Beekeepers Association of Connecticut and proud recipient of the Slow Food Snail of Approval. Visit www.redbee.com.

**Dog Obedience
 (for dogs at least 4 months old)**

This class will teach you to train your dog to be a well-mannered and obedient pet. Topics will include understanding your dog, communicating effectively, basic obedience commands, leash walking, and behavior modification. Plus, you'll learn strategies to effectively address problems like digging, jumping, chewing, barking, and more. Your dog must be collared, with a 6-foot leash. This class is limited to 8. Please note that the first session is an orientation without dogs.

290 **\$155**
 7 Tuesdays Feb 28–Apr 18 (no class Apr 11)
 6:30–7:30 pm SHS Pool Lobby

Heather Witt, owner of the Complete Canine Company, double-majored in animal sciences and biology at the University of Vermont and began her dog training business in 1989. An instructor for nearly two decades, Heather and dog, Rowan, live in Easton, along with her husband, two sons, a cat, and a small flock of chickens.

Technology + Computers

See Arts + Crafts for related classes, including DSLR: Basic Digital Camera Operation, Beautiful Photobooks, and Beautifully Delicious Family Cookbooks

**Big Data & You:
 What Parents Need to Know About Video Games**

Do your kids spend a lot of time on playing video games? Is it possible that they're genuinely educational? With digital games expected to rake in \$79 billion in 2017, it's better to get to know the industry than try to fight it. This workshop will address the question of video games' educational value, as well as providing an overview of some of the most popular games of the moment. Your kids play 'em; now's your chance. Play Minecraft™, program with Scratch, and decide for yourself if these applications can be learning tools that you're willing to invest in. A light lunch will be provided by The Granola Bar.

1 session / \$65
914a Tuesday Jan 31
 10:30 am–12:30 pm Zaniac, 1391 Post Road East, 2nd floor
914b Tuesday Feb 7
 10:30 am–12:30 pm Zaniac, 1391 Post Road East, 2nd floor

Camilla Gazal and Flavia Naslausky own and operate Zaniac Westport. As mothers, they understand the negative stigma attached to screen time. However, they also believe in the positive power of technology and in the potential of video games to promote interactive and enjoyable learning.

**Big Data & You:
 Can Facebook Lower Your Insurance Premium?**

Maybe. Companies are collecting more data about consumer preferences, buying behaviors, and social patterns than ever before. How is it used and how much is too much? Join a lively discussion, led by a self-described quant nerd, about the Big Data revolution already in progress. We promise a little Q & A, a TED talk or two, and a big dose of data—how it's used, by whom, and what that means for you.

915 **\$35**
 1 Wednesday Mar 22
 6:30–8:30 SHS 1034

Ramesh Subramanian earned a BS in electrical engineering and an MS in computer science from Washington State University, then an MBA from the University of Chicago. He spent 18 months at Johns Hopkins, where he specialized in data science. And even though he speaks 3 different programming languages, he loves nothing more than taking complex concepts and making them easy to understand.

iBasics: Intro to iPhone & iPad

They say we only use 10% of our brains; make up for that missing 90% by learning to access 100% of the computing, organizing, and navigating capacity of your devices. In this hands-on class, you'll explore basic features common to both devices, as well as the apps that come already loaded, including Safari, Mail, and Calendar. Bring your fully charged iPhones and iPads; devices should be upgraded to iOS 9 or higher.

223 **\$65**
 Tue, Thu, Tue Feb 28, Mar 2 & 7
 7:00–8:30 pm SHS 1051

After receiving a Grade A education in Westport, Mark Bieler majored in economics at Harvard and began his career at MacUser magazine, the definitive guide for Apple Computer users. He received his MBA from MIT and has spent the last 20 years in food marketing, rising to become chief information officer at Daymon Worldwide.

iPhone / iPad Tips & Tricks

You already know the basics... you can answer the phone, text, search the web, shop, even play games. But your devices are capable of so much more. Learn the tips and tricks that will make using them more efficient and tailored to your individual needs. From adding a personal email signature to saving articles and websites in Safari, you're bound to learn something new and useful in this fast-paced class. Bring your fully charged iPhones and iPads; devices should be upgraded to iOS 9 or higher. [Taught by Mark Bieler]

1 session / \$35
224a Thursday, Feb 2
 7:00–9:00 pm SHS 1051
224b Tuesday, Mar 21
 7:00–9:00 pm SHS 1051

Cool Apps for iPhones & iPads

There's an app for everything, so which ones do you choose and how do you find them? In this class, we'll explore apps of all kinds: business apps that turn your device into a digital scanner, complete with a digital signature feature; apps that track your fitness; and apps that let you organize recipes, decorating ideas, travel, and more. Bring your fully charged iPhones and iPads; devices should be upgraded to iOS 9 or higher. All participants should know their Apple ID and password. [Taught by Mark Bieler]

225 **\$35**
 1 Tuesday Apr 4
 7:00–9:00 pm SHS 1051

Turn the page for Technology + Computers classes

Basic Photoshop CS6

Explore the ins and outs of Adobe Photoshop in this hands-on class designed for photographers, hobbyists, and those who want to work with digital images. Through studio experience, discussion, and practice, you'll become familiar with topics like selection and project montage, layer management, scans (reflective and transparent), image manipulation, retouching, and keyboard shortcuts. If you have a computer with Photoshop loaded, please bring it; PCs will be available.

619 \$159
 5 Thursdays Mar 2–30
 7:00–9:00 pm SHS 2034

Craig Burry is a freelance art director and the owner of Cat and Mouse Design Group. He has been teaching for Westport Continuing Education for over a decade.

Intermediate / Advanced Photoshop CS6

If you know your way around the Photoshop desktop, maybe it's time to go a little deeper. In this class, you'll explore the complexities of digital retouching, filtering, and enhancing your photos. You'll learn how to eliminate scratches, blemishes, and red eye; how to dodge and burn and to adjust saturation levels; and how bitmapped images and pixels compare to halftone screening. We'll also cover backgrounds, cropping, gradations, silhouettes, and low key, mid key, and high key. Prerequisite: basic understanding of Photoshop. Please bring a laptop loaded with Photoshop. [Taught by Craig Burry]

890 \$159
 5 Thursdays Apr 20–May 18
 7:00–9:00 pm SHS 2034

Theater + Dance

Speak Up! Public Speaking for Everyone

Upcoming wedding toast giving you the jitters? Presentation at school, work, or civic function keeping you up at night? If public speaking gets you down or if you just want to take your skills to the next level Speak Up! is for you. In this two-hour intensive, we'll spend time as a group having some fun, then focus on individual speaking concerns. Bring your questions, fears, uncertainties, and some copy to read (up to 3 minutes). Time permitting, we will also work on "cold" readings with copy provided by the instructor. Space is limited, so register early. Your time has come to Speak Up!

1 session / \$40
290a Monday Mar 27
 7:00–9:00 pm SHS 1054
290b Thursday May 4
 7:00–9:00 pm SHS 1054

Jennifer Devine has more than 20 years of experience in the arts and education and is a proud member of Actors' Equity Association. She is the founder and president of Mocking Bird Arts, which provides programs for adults and children. Visit www.mockingbirdarts.com.

Ballroom Dancing for Everyone

Dancing is great exercise and a proven mood lifter. Couples and singles welcome. Smooth soled shoes recommended.

Beginner Level: Learn fast dances, slow dances, and Latin dances like tango, swing, salsa, and hustle.

951a \$125
 8 Tuesdays Feb 28–Apr 25 (no class Apr 11)
 7:00–7:45 pm St. Francis of Assisi Church
 35 Norfield Road, Weston

Intermediate Ballroom Dancing: Move beyond the basics in all areas, including footwork, timing, leading, and following. Learn new steps and variations to add excitement to your dancing.

951b \$125
 8 Tuesdays Feb 28–Apr 25 (no class Apr 11)
 7:45–8:30 pm St. Francis of Assisi Church
 35 Norfield Road, Weston

Michael and Nicole Stavola are the directors of CT Kids Dance and Ballroom Dancesport. They are professionally certified and have been dancing, teaching, and competing in ballroom dancing for over 30 years. Visit www.ballroomdancesportct.com.

Westport Continuing Education Teaching Opportunities

Are you passionate about a hobby? An expert in a particular subject? Want to spread the word about your organization or business? Westport Continuing Education offers classroom and experiential learning programs for adults and children at all levels of creative, athletic, and academic development. Be bold, experiment, and embrace curiosity in the company of like-minded people. Submit a course proposal today.

Name _____

Street Address _____ City _____ State _____ Zip _____

Home Phone _____ Work Phone _____ Cell Phone _____

Email Address _____

Course Description + Title (to be used for advertising purposes; WCE reserves the right to edit any and all copy for accepted courses. Please limit your description to 150 words; attach a second sheet, if necessary):

Course Details (please answer as specifically as possible)

Number of sessions	Hour(s) per session	Min./Max. students	Materials fee per student (if applicable)
Preferred day(s) of the week (M–Th)	Preferred start/end times	Preferred start date	
Your desired pay rate (per hour or class or student; please choose one)		Student grade range and/or adult ed	

Equipment and/or materials needed:

coleytown

Monday

- Bricks 4 Kidz:**
- Remote Control Mania** [pg. 30]
- Kempo Karate** [pg. 28]
- TheaterPlay!:**
- Hamilton & Broadway Edition** [pg. 32]

Tuesday

- Citizen Invention:**
- Creative Robotics** [pg. 32]
- Fork, Knife, Spoon Cooking** [pg. 28]

Wednesday

- Edible Valentine's House** [pg. 28]
- Little Actors** [pg. 33]
- One Act Players** [pg. 33]
- Scratch for Kid Coders** [pg. 32]

Thursday

- Art Exploration** [pg. 26]
- Chess Club** [pg. 30]
- Edible Spring Birdhouse** [pg. 28]
- Zumba** [pg. 30]

Friday

- Cooking With Books** [pg. 27]
- Mad Science:**
- Sense-sational Science** [pg. 31]
- Mad Science: NASA** [pg. 31]
- World Champion Taekwondo** [pg. 29]

greens farms

Monday

- Bricks 4 Kidz:**
- Construction Craze** [pg. 30]
- Citizen Invention:**
- Creative Robotics** [pg. 32]
- Cooking With Books** [pg. 27]
- Tennis / gr. 1-2** [pg. 23]
- Tennis / gr. 3-5** [pg. 23]

Tuesday

- Kindergarten Tennis** [pg. 23]
- Mad Science:**
- Sense-sational Science** [pg. 31]
- Mad Science: NASA** [pg. 31]
- TheaterPlay!:**
- Hamilton & Broadway Edition** [pg. 32]

Wednesday

- Afterschool Art Blast** [pg. 26]
- Kempo Karate** [pg. 28]
- Zaniac: Minecraft Galaxy** [pg. 31]

Thursday

- Kurious Kids' Kitchen** [pg. 27]
- PM / PE** [pg. 22]
- TheaterPlay!** [pg. 32]

Friday

- Chess Club** [pg. 30]
- Edible Spring Birdhouse** [pg. 28]
- Edible Valentine's House** [pg. 28]
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kings highway

Monday

- Edible Spring Birdhouse** [pg. 28]
- Edible Valentine's House** [pg. 28]
- Magic Club** [pg. 33]
- PM / PE** [pg. 22]
- Zaniac: Minecraft Exploration** [pg. 31]

Tuesday

- Afterschool Art Blast** [pg. 26]
- Chess Club** [pg. 30]
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Wednesday

- Mad Science:**
- Sense-sational Science** [pg. 31]
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Thursday

- Citizen Invention:**
- Creative Robotics** [pg. 32]
- Cooking With Books** [pg. 27]
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Friday

- Bricks 4 Kidz:**
- Remote Control Mania** [pg. 30]
- Bricks 4 Kidz:**
- Construction Craze** [pg. 30]
- Kurious Kids' Kitchen** [pg. 27]
- TheaterPlay!:**
- Hamilton & Broadway Edition** [pg. 32]

long lots

Monday

- Afterschool Art Blast** [pg. 26]
- Chess Club** [pg. 30]
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Tuesday

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Wednesday

- Citizen Invention:**
- Creative Robotics** [pg. 32]
- Fork, Knife, Spoon Cooking** [pg. 28]
- TheaterPlay!:**
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Thursday

- Citizen Invention:**
- Creative Robotics** [pg. 32]
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Friday

- Kempo Karate** [pg. 28]
- Mad Science:**
- Sense-sational Science** [pg. 31]
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middle school

- American Red Cross**
- Babysitters Course** [pg. 34]
- Nouveau Nutrition:**
- Global Cuisine** [pg. 35]
- CT Jrs. Volleyball:**
- Extra Effort** [pg. 34]
- Public Speaking** [pg. 35]
- Rocketry** [pg. 35]
- Tennis** [pg. 23]

saugatuck

Monday

- Edible Valentine's House** [pg. 28]
- Mad Science:**
- Sense-sational Science** [pg. 31]
- Mad Science: NASA** [pg. 31]
- World Champion Taekwondo** [pg. 29]

Tuesday

- Fork, Knife, Spoon Cooking** [pg. 28]
- Pen ★ Stars Story Club** [pg. 26]
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Wednesday

- Chess Club** [pg. 30]
- Edible Spring Birdhouse** [pg. 28]
- Music with Mila** [pg. 26]
- Tennis / gr. 1-2** [pg. 23]
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Thursday

- Afterschool Art Blast** [pg. 26]
- Kempo Karate** [pg. 28]
- Little Actors** [pg. 33]
- One Act Players** [pg. 33]
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Friday

- Citizen Invention:**
- Creative Robotics** [pg. 32]
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high school

- ACT + SAT Test Prep Classes** [pg. 36]
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- Lifeguarding Class** [pg. 35]
- CT Jrs. Volleyball:**
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- Westport AllStars Basketball** [pg. 29]

Important Information

Class Schedules

All Kids Division classes follow the Westport Public School calendar. Dates when classes do not meet are listed under each class description.

Unless otherwise noted, our classes do not meet on Westport Public School holidays, staff development days, or shortened school days.

School Closings

In the event that Westport Public Schools are closed for inclement weather or another emergency, or if there is an early dismissal, all Continuing Education classes will be automatically cancelled.

All class cancellations will be announced on our website, www.westportcontinuinged.com.

Late Fees

Please be prompt picking up your child. Late fees will apply. \$10 for 5 minutes; \$20 for each 15-minute increment thereafter.

Elementary School

Unless otherwise noted, elementary level classes will not meet during Teacher Conference days, March 22–March 24.

Please use your school's dismissal manager to ensure your child's safe arrival at his or her afterschool program.

Afterschool Clubs

Sports & Homework Clubs

grades 2-5

Our Sports & Homework Clubs are the perfect place to unwind after school. There's something for everyone. For parents, we provide teacher-directed homework help and tutoring. For kids, we offer all the sports and games you love during the school day: basketball, soccer, flag football, wiffle ball, kickball, capture the flag, and much more. The atmosphere is non-competitive, your friends will be there, and best of all, you'll have so much fun getting your homework done, it won't even feel like work.

KHS 22 & Gym with Mike Quiricone

9 sessions / \$195	836a	Thursdays	3:15-5:00 pm	Jan 12-Mar 16	no class Feb 23
8 sessions / \$175	836b	Thursdays	3:15-5:00 pm	Apr 6-Jun 1	no class Apr 13

SES Library & Gym with Jen Mitteness

9 sessions / \$195	836c	Tuesdays	2:45-4:30 pm	Jan 10-Mar 14	no class Feb 21
8 sessions / \$175	836d	Tuesdays	2:45-4:30 pm	Mar 28-May 23	no class Apr 11

PM / PE

grades 1-4

To be clear, you'll get your share of sports. But the reality is that this club has always been about more than just sports. Staffed by the teachers your kids love, PM / PE provides the same activities and curriculum as gym class. That means your student will be improving his or her fitness and motor skills, but he or she will also be learning important skills and attitudes, like cooperation, collaboration, communication, conflict resolution, problem solving, perseverance, self-expression, and self-control. In short, it's good, clean fun just when kids need it most: after a tough day reading, writing, and 'rithmetic-ing.

GFS Gym with Lisa Thomas & Jon Herbst

9 sessions / \$195	840a	Thursdays	3:15-5:00 pm	Jan 12-Mar 16	no class Feb 23
8 sessions / \$175	840b	Thursdays	3:15-5:00 pm	Apr 6-Jun 1	no class Apr 13

KHS Gym with Mike Quiricone

9 sessions / \$195	840c	Mondays	3:15-5:00 pm	Jan 9-Mar 20	no class Jan 16, Feb 20
8 sessions / \$175	840d	Mondays	3:15-5:00 pm	Apr 3-Jun 5	no class Apr 10, May 29



Afterschool Tennis

Tennis with Connie Goodman

grades K-8

Using smaller QuickStart courts, smaller racquets, and low-compression balls for our younger, K-5 players, this tennis program has been a beloved Westport institution for over a decade. As your child learns to play tennis under the guidance of Professional Tennis Registry certified instructors, he or she will improve important physical skills, like eye-hand coordination, agility, and fine and gross motor control. And, of course, we'll cover the rules, plus ball handling, footwork, swing patterns, strokes, strategy, court etiquette, and more. Because we cap enrollment, our classes have a low student-to-pro ratio, and that means that your child will receive personalized attention and the opportunity to hit hundreds of balls. It's the perfect place to fall in love with the sport of kings (and queens).

Kindergarten

Tuesdays in the GFS Gym / 4:00-5:00 pm

828a	Jan 10-Feb 14	6 sessions / \$240
828c	Mar 7-Apr 25 (no class Apr 11)	7 sessions / \$275
828e	May 2-Jun 6	6 sessions / \$240

Thursdays in the LLS Gym / 4:00-5:00 pm

828b	Jan 12-Feb 16	6 sessions / \$240
828d	Mar 9-Apr 27 (no class Apr 13)	7 sessions / \$275
828f	May 4-Jun 8	6 sessions / \$240

Grades 1-2

Mondays in the GFS Gym / 4:00-5:00 pm

321A2	Jan 9-Feb 13 (no class Jan 16)	5 sessions / \$205
323A2	Mar 6-Apr 24 (no class Apr 10)	7 sessions / \$275
324A2	May 1-Jun 5 (no class May 29)	5 sessions / \$205

Wednesdays in the SES Gym / 4:00-5:00 pm

321B2	Jan 11-Feb 15	6 sessions / \$240
323B2	Mar 8-Apr 26 (no class Apr 12)	7 sessions / \$275
324B2	May 3-Jun 7	6 sessions / \$240

Fridays in the BMS Gym / 4:00-5:00 pm

321C2	Jan 6-Feb 10 (no class Jan 13)	5 sessions / \$205
323C2	Mar 10-Apr 28 (no class Apr 14)	7 sessions / \$275
324C2	May 5-Jun 9	6 sessions / \$240

Grades 3-5

Mondays in the GFS Gym / 5:00-6:00 pm

321A3	Jan 9-Feb 13 (no class Jan 16)	5 sessions / \$205
323A3	Mar 6-Apr 24 (no class Apr 10)	7 sessions / \$275
324A3	May 1-Jun 5 (no class May 29)	5 sessions / \$205

Wednesdays in the SES Gym / 5:00-6:00 pm

321B3	Jan 11-Feb 15	6 sessions / \$240
323B3	Mar 8-Apr 26 (no class Apr 12)	7 sessions / \$275
324B3	May 3-Jun 7	6 sessions / \$240

Fridays in the BMS Gym / 5:00-6:00 pm

321C3	Jan 6-Feb 10 (no class Jan 13)	5 sessions / \$205
323C3	Mar 10-Apr 28 (no class Apr 14)	7 sessions / \$275
324C3	May 5-Jun 9	6 sessions / \$240

Grades 6-8

Fridays in the BMS Gym / 3:00-4:00 pm

321C1	Jan 6-Feb 10 (no class Jan 13)	5 sessions / \$205
323C1	Mar 10-Apr 28 (no class Apr 14)	7 sessions / \$275
324C1	May 5-Jun 9	6 sessions / \$240



Staff Development Days

Need childcare on days when you work but school's out? The following programs are brought to you by Westport Continuing Education and our trusted partners. Let us take care of your kids, so you can take care of everything else.

January 13

Bricks 4 Kidz®
grades K-3

Bricks 4 Kidz® presents Extreme Expedition Camp

Take the Extreme LEGO® Expedition challenge: first, you must construct transportation equipment to bring your team together from around the globe. Then, it's onwards and upwards, as you search the globe for bricks and other resources needed to construct a base in the Himalayan Mountains, navigate Worst Case Scenario survival challenges, and face the forces of nature. Do you have what it takes to go on our Extreme Expedition? If you do and you're staying all day, bring a nut-free lunch. You're gonna need a snack on this climb!

Full-day session / \$125 or half-day session / \$59

SHS 1004	Friday, Jan 13
929a	8:30 am-3:00 pm
929b	8:30-11:30 am
929c	12:00-3:00 pm

TheaterPlay! Triple Threat Workshop: Acting, Singing & Dancing
grades 2-5

Spend your free Friday soaking up songs and dances from Hamilton: An American Musical. Learn stage combat, paint posters for set design, improvise, and play theater games. An innovative and imaginative way to learn about Theater arts, this TheaterPlay! camp is the way a day off of school should be: creative, play-based, and inventive. Perfect for both young thespians with their sights set on Broadway and kids who just wanna have fun. We will be working on scene work and learning about the history of the Broadway musical. Bring nut-free snacks and lunch—you're gonna need fuel for your creative fire! [Taught by Laura Curley Pendergast; see page 33 for bio]

1 session / \$99

SHS 2012	Friday, Jan 13
697a	8:30-3:00 pm



February 17

Bricks 4 Kidz®
grades K-3

Bricks 4 Kidz® presents Pocket Brick Monsters Camp

Get ready for a Pokémon® LEGO® adventure! Capture wild Pokémon® creatures and train them for battle. Improve your accuracy and power as you learn new moves and use special abilities. Tap into your inner engineer as we build Dratini, Pikachu, Poké Balls, and more. Bring your own Pokémon® trading cards if you wish to play and trade. Show off your skills as you battle for power in your journey through the Pokémon® universe. Do you have what it takes to become a Pokémon® Master? If you are staying all day, bring a nut-free lunch.

Full-day session / \$125 or half-day session / \$59

SHS 1004	Friday, Feb 17
922a	8:30 am-3:00 pm
922b	8:30-11:30 am
922c	12:00-3:00 pm

TheaterPlay! Broadway Workshop: Songs & Dance from the Great White Way
grades 2-5

Spend your day off on Broadway! Take the stage with songs and dances from Hamilton and other great Broadway shows. Learn stage combat, draw posters for set design, improvise, and play theater games. An innovative and imaginative way to learn about the theater arts, this TheaterPlay! camp is the way a day off of school should be: creative, play-based, and inventive. Perfect for both young thespians with their sights set on Broadway and kids who just wanna have fun. Parents are invited come a few minutes early to watch the dance portion of the day. Bring nut-free snacks and lunch—you're gonna need fuel for your creative fire! [Taught by Laura Curley Pendergast]

1 session / \$99

SHS 2012	Friday, Feb 17
697b	8:30-3:00 pm

February + April School Vacations

The following programs are brought to you by Westport Continuing Education and our trusted partners. Let us take care of your kids, so you can take care of everything else. All vacation programs will take place at GFS. In addition to our sports and LEGO® camps, we've added a theater camp, and we've moved everything to one school. More programs; one drop-off!

Sports & Fun Adventures Camps
grades 1-5

Bored by board games? Tired of TV? Join us for a camp that's all about physical fun... just for the heck of it. Because—admit it—you might not miss math class, but you definitely miss gym! Staffed by WPS PE teachers, Sports & Fun Adventures features age-appropriate activities in a safe setting. Put down that deck of cards, shove Monopoly back in the closet, and join us for rock climbing, rollerblading, snowshoeing, pro ball, pirates' gold, sink the ship, crossover, pinball, basketball, wiffle ball, team handball, tag games, scooters, volleyball, badminton, floor hockey, and much more. Rollerblading and snowshoeing offered for grades 3-5 only. Bring drinks and peanut-free snacks. If you're staying all day bring your A game, and don't forget to bring a nut-free lunch!

4 full-day sessions / \$159 or 4 half-day sessions / \$85

GFS Gym with Jennifer Mitteness and Christie Cardinale

838a	Tuesday-Friday	Feb 21-24	8:15 am-3:15 pm
838b	Tuesday-Friday	Feb 21-24	8:15 am-11:30 am
838c	Tuesday-Friday	Feb 21-24	12:00 pm-3:15 pm

GFS Gym with Christopher Scholz

838d	Monday-Thursday	Apr 10-13	8:15 am-3:15 pm
838e	Monday-Thursday	Apr 10-13	8:15 am-11:30 am
838f	Monday-Thursday	Apr 10-13	12:00 pm-3:15 pm

Please see our website for details about Bricks 4 Kidz® and TheaterPlay! camps listed below.

Bricks 4 Kidz®
grades K-3

Classic Arcade Brick Adventures Camp

4 sessions / \$219

GFS 105	Tuesday-Friday	Feb 21-24
925	8:30-11:30 am	

Ninja Spinning Camp

GFS 105	Tuesday-Friday	Feb 21-24
926	12:00-3:00 pm	

927 Sign up for both Classic Arcade Brick Adventures and Ninja Spinning for \$389; bring a nut free lunch.

Bricks 4 Kidz®
grades 2-5

Junior Robotics Camp

4 sessions / \$219

GFS 105	Monday-Thursday	Apr 10-13
524	8:30-11:30 am	

TheaterPlay! Hamilton, Shakespeare, Songs & Dance
grades 2-5

[Taught by Laura Curley Pendergast]

4 full-day sessions / \$360 or 4 half-day sessions / \$180

GFS Auditorium

698a	Tuesday-Friday	Feb 21-24	8:15 am-3:15 pm
698b	Tuesday-Friday	Feb 21-24	8:15 am-11:30 am
698c	Tuesday-Friday	Feb 21-24	12:00 pm-3:15 pm

TheaterPlay! Broadway Old & New
grades 2-5

[Taught by Laura Curley Pendergast]

4 full-day sessions / \$360 or 4 half-day sessions / \$180

GFS Auditorium

698d	Monday-Thursday	Apr 10-13	8:15 am-3:15 pm
698e	Monday-Thursday	Apr 10-13	8:15 am-11:30 am
698f	Monday-Thursday	Apr 10-13	12:00 pm-3:15 pm

Elementary School

Arts + Music

Art Exploration
grades K-3

Paint, draw, sculpt, spatter. Cut, paste, collage. Mix, match, and make a beautiful mess with a variety of two and three dimensional art materials. Use your imagination and creativity as you explore techniques, including drawing, printmaking, painting, collaging, and sculpting. We'll draw inspiration from works of famous artists, modern designs, and our own lives. Plus, there'll be a little outdoor recess, weather permitting, and movement breaks because active bodies are creative bodies. Artmaking is never the same twice; returning students are welcome. Non-refundable materials fee of \$5 included.

8 sessions / \$239
CES Art Rm. 19 467a Thursdays Jan 26–Mar 30
3:20–5:00 pm no class Feb 23 & Mar 23

6 sessions / \$179
CES Art Rm. 19 467b Thursdays Apr 20–May 25
3:20–5:00 pm

For as long as she can remember, Jennifer Pagan's life has revolved around art and children. She has worked at the Aldrich Contemporary Art Museum and most recently at Westport's own Stepping Stones Preschool. Jennifer has a BFA in printmaking and illustration, and when she's not working, she can be found crocheting impossible projects she finds scrolling through Pinterest.

Afterschool Art Blast
grades 1-4

Experiment, design, and create with a wide variety of arts materials and techniques in workshops presented by the Westport Arts Center. Each weekly workshop will encompass a complete project that invites students to manipulate materials and delve into unique art processes. You'll leave not only with a finished project created with high quality art materials but also with skills and knowledge that will transfer to future arts endeavors. Comfortable clothing that can get a little messy is recommended. Repeat students are welcome; each session features new and exciting projects. [Taught by a Westport Arts Center educator]

8 sessions / \$280 + 6 sessions / \$210
LLS Art Rm. 6 549a 8 Mondays Jan 23–Mar 20
3:20–4:50 pm no class Feb 20

LLS Art Rm. 6 549b 6 Mondays Apr 3–May 15
3:20–4:50 pm no class Apr 10

KHS Art Rm. 108 549c 8 Tuesdays Jan 24–Mar 21
3:20–4:50 pm no class Feb 21

KHS Art Rm. 108 549d 6 Tuesdays Apr 4–May 16
3:20–4:50 pm no class Apr 11

GFS Art Rm. 130 549e 8 Wednesdays Jan 25–Mar 29
3:20–4:50 pm no class Feb 22, Mar 22

GFS Art Rm. 130 549f 6 Wednesdays Apr 19–May 24
3:20–4:50 pm

SES Art Rm. 126 549g 8 Thursdays Jan 26–Mar 30
2:50–4:20 pm no class Feb 23, Mar 23

SES Art Rm. 126 549h 6 Thursdays Apr 20–May 25
2:50–4:20 pm

Music With Mila:
Songs & Games for Mobile Minds & Bodies
grades K-1

Music has been a part of human culture since its inception, and children instinctively use song and dance to engage and interact, to soothe and to stimulate, and, above all, to express joy. This class is designed to formalize that natural inclination and to foster music appreciation in young children. By listening to music and expressing him or herself through spontaneous body movement, your student will develop an understanding of musical concepts, like beat, rhythm, melody, and structure. They'll sing a little song, dance a little dance, and learn to love music more than a little bit. Repeat students welcome. Bring a nut-free snack.

8 sessions / \$89
SES Auditorium 295 Wednesdays Feb 1–Apr 5
2:50–3:50 pm no class Feb 22, Mar 22

Mila Gottesman began playing piano at the age of five in her native Ukraine. She received her BA and MA degrees in piano performance from the Manhattan School of Music and taught at several regional music schools. Mila continues to teach privately, and her love for piano remains as strong as ever.

The Pen ★ Stars Story Club
grades K-4

A great place for kids who like to learn and have fun doing it, the Story Club provides a low-tech environment, where children can work independently or in groups to give shape to their ideas and imagination, in the form of story writing, drawing, arts and crafts, and even performing arts. Incorporating music, acting, and interactive games as tools for learning, this program helps children enhance their literacy (including spelling and vocabulary) and

creative skills, and boost their self-confidence. On the last day of the session, parents are invited to a talent show that showcases what kids have learned and created. Stories created by children in the Story Club may be featured in the upcoming editions of The Pen★Stars Series, an interactive book series created by children, for children. Stories are never the same twice; returning students are welcome.

8 sessions / \$240
LLS Art Rm. 6 342a Mondays Jan 30–Mar 27
3:20–4:20 pm no class Feb 20

SES 134 342b Tuesdays Jan 31–Mar 28
2:50–3:50 pm no class Feb 21

KHS Library 342c Thursdays Feb 2–Apr 6
3:20–4:20 pm no class Feb 23, Mar 23

GFS Art Rm. 130 342d Fridays Jan 27–Apr 7
3:20–4:20 pm no class Feb 17, 24, Mar 24

The Pen★Stars Series' mission is to leverage children's creative and literacy skills to help them achieve their full potential. It is the brainchild of two sisters, who teamed up to create a creative platform where kids can create their own stories and get recognized for their work. Pen★Stars runs afterschool programs around Fairfield County. Visit www.thepenstars.com.

Cooking

Cooking With Books
grades K-2

Take a trip into the pages of a great book and then whip up something tasty from the story. Designed to help students build their reading and listening skills, Cooking With Books teaches kitchen skills and safety, the importance of fresh, seasonal ingredients, and healthy food choices. The end result is literally delicious. Winter session chefs will bake mini apple pies, just like in *Amelia Bedelia's First Apple Pie*. They'll read *Chicks and Salsa* as they build baked chicken tacos with homemade salsa, and they'll construct creepy jack-o-lantern quesadillas after reading *Zombie in Love*. Spring session will feature more scrumptious story-recipe pairings, including *Spring* by Gerda Muller and fresh peas with Parmesan. Each child will receive a recipe at the end of every class. Non-refundable materials fee of \$10 included.

8 sessions / \$225
GFS Staff Lounge 543a Mondays Jan 23–Mar 20
3:20–4:20 pm no class Feb 20

KHS Kitchen 543b Thursdays Jan 26–Mar 30
3:20–4:20 pm no class Feb 23, Mar 23

CES Kitchen 543c Fridays Jan 27–Apr 7
3:20–4:20 pm no class Feb 17, 24, Mar 24

6 sessions / \$160
GFS Staff Lounge 543d Mondays Apr 3–May 15
3:20–4:20 pm no class Apr 10

KHS Kitchen 543e Thursdays Apr 20–May 25
3:20–4:20 pm

CES Kitchen 543f Fridays Apr 28–Jun 2
3:20–4:20 pm

Maria and Raz Farinas are chefs and co-owners of Fork, Knife, Spoon Cooking, based in Wilton.

Nouveau Nutrition presents
Kurious Kids' Kitchen
grades 1-3, 3-5

Put on your chef's hat and expand your palate in this learn-by-doing adventure. Designed to encourage kids to explore new foods, this class will feature a new recipe each week. Young cooks will learn about healthy eating and good food choices while they master basic kitchen skills and begin to establish good habits that will last a lifetime. This winter and spring season's recipes may include fruit kabobs, hummus in a carrot patch, no bake granola bites, PB&J apple sandwiches, star shaped cheese sandwich kabobs, cinnamon apple sauce, cucumber roll ups, and popcorn trail mix. Your young chef will take home all recipes and handouts at the end of the class. Non-refundable materials fee of \$30 included.

grades 1-3 / 6 sessions / \$120
SES Cafeteria 546a Fridays Jan 27–Mar 17
2:50–3:50 pm no class Feb 17 & 24

grades 3-5 / 6 sessions / \$120
GFS Staff Lounge 546b Thursdays Feb 2–Mar 16
3:20–4:20 pm no class Feb 23

GFS Staff Lounge 546c Thursdays Apr 6–May 18
3:20–4:20 pm no class Apr 13

KHS Cafeteria 546d Fridays Apr 7–May 19
3:20–4:20 pm no class Apr 14

Kira Pantschenko is a nutrition expert and the founder of Nouveau Nutrition. She believes that if you give children a healthy meal, you feed them for a day; if you teach children how to make healthy meals, they will eat well for a lifetime. Visit www.nn4kids.com.

Turn the page for more Cooking classes

Kids Division

Fork, Knife, Spoon Cooking grades 3–5

What you cook and what you eat matters, and there is much to be learned in a cooking lesson. Fork, Knife, Spoon chefs get to exercise their creativity, improve their team building skills, implement their math skills, and, most importantly, make the connection between food and health. As always, this semester's menus feature fresh, local, and seasonal ingredients and new recipes. In the winter, you'll learn to make baked chicken tacos, garlic butter roasted carrots, country apple fritter bread, and double chocolate zucchini bread. In the spring, join us for mini spinach and cheese puffs, chicken Caesar meatballs, cinnamon roll breakfast cupcakes, and baked apple pie eggrolls. Each student will receive the day's recipes at the end of class. Non-refundable materials fee of \$10 included. [Taught by Maria or Raz Farinas, Fork, Knife, Spoon Cooking]

8 sessions / \$225

SES Kitchen 542a	Tuesdays	Jan 24–Mar 21	2:50–3:50 pm	no class Feb 21
CES Kitchen 542b	Tuesdays	Jan 24–Mar 21	3:20–4:20 pm	no class Feb 21
LLS Kitchen 542c	Wednesdays	Jan 25–Mar 29	3:20–4:20 pm	no class Feb 22, Mar 22

6 sessions / \$160

SES Kitchen 542d	Tuesdays	Apr 4–May 16	2:50–3:50 pm	no class Apr 11
CES Kitchen 542e	Tuesdays	Apr 4–May 16	3:20–4:20 pm	no class Apr 11
LLS Kitchen 542f	Wednesdays	Apr 19–May 24	3:20–4:20 pm	

Valentine's Day Edible Houses grades K–5

What better time to make sweets for the sweet? Join a chef from Fork, Knife, Spoon Cooking and bedeck a beautiful sweetheart house with Valentine-themed decorations and goodies. Houses will be wrapped in cello paper for easy transport home. Non-refundable materials fee of \$5 included.

1 session / \$40

KHS Cafeteria 550a	Monday	Feb 6	3:20–4:35 pm	storm date Feb 13
SES Cafeteria 550b	Monday	Feb 6	2:50–4:05 pm	storm date Feb 13
LLS Art Rm. 6 550c	Tuesday	Feb 7	3:20–4:35 pm	storm date Feb 14

CES Art Rm. 19 550d	Wednesday	Feb 1	3:20–4:35 pm	storm date Feb 8
GFS Auditorium 550e	Friday	Feb 3	3:20–4:35 pm	storm date Feb 10

Springtime Birdhouses (for kids, not birds!) grades K–5

The early bird may get the worm, but we've got something a little yummier. Join a chef from Fork, Knife, Spoon Cooking and build an edible birdhouse using chow mein noodles for nests, speckled chocolate eggs, mini candy peas and carrots you can plant in a chocolate cookie crumb garden, and more. Houses will be wrapped in cello paper for easy transport home. Non-refundable materials fee of \$5 included.

1 session / \$40

KHS Cafeteria 551a	Monday	May 8	3:20–4:35 pm
LLS Art Rm. 6 551b	Tuesday	May 9	3:20–4:35 pm
SES Cafeteria 551c	Wednesday	May 10	2:50–4:05 pm
CES Conf. Rm. 11 551d	Thursday	May 11	3:20–4:35 pm
GFS Auditorium 551e	Friday	May 12	3:20–4:35 pm

Fitness + Sports

See our Middle School section for more fitness classes, including CT Juniors Volleyball program (gr. 4 and up)

Kempo Karate: Introduction to Martial Arts grades K–5

Using teaching techniques that incorporate character building with traditional martial arts training methods, Kempo Academy instructors will teach a series of punches, kicks, and blocks in a fun and controlled environment. There is no fighting or contact. You'll learn to understand and use martial arts as you develop self-confidence, self-discipline, self-control, focus, and respect for others. Students will receive a white belt and have the option to purchase a gi, the traditional uniform, for \$42. At the

conclusion of the program, all eligible students will be invited to do optional belt rank testing (fee of \$50) at Kempo Academy of Martial Arts, Westport. All students must submit a waiver form, available in our office and on our website, to Westport Continuing Education prior to the first class meeting. Wear comfortable clothes and gym shoes.

10 sessions / \$140

CES Gym 303a	Mondays	Jan 23–Apr 3	3:20–4:20 pm	no class Feb 20
KHS Gym 303b	Tuesdays	Jan 24–Apr 4	3:20–4:20 pm	no class Feb 21
GFS Gym 303c	Wednesdays	Jan 25–Apr 19	3:20–4:20 pm	no class Feb 22, Mar 22, Apr 12
SES Gym 303d	Thursdays	Jan 26–Apr 20	2:50–3:50 pm	no class Feb 23, Mar 23, Apr 13
LLS Gym 303e	Fridays	Jan 27–Apr 28	3:20–4:20 pm	no class Feb 17, 24, Mar 24, Apr 14

Over the past 20 years, the Kempo Academy of Martial Arts has created a highly successful curriculum that teaches both leadership and character building philosophies and traditional martial arts training methods. Visit www.kempokarate.com.

World Champion Taekwondo grades K–5

Taekwondo offers physical and mental benefits: increased strength, cardio endurance, and flexibility, plus greater mental focus and a confidence that can expand into all areas of students' lives. World Champion students will not only build and refine their motor skills, but they'll also learn goal setting, respect, and discipline. There is no fighting or contact. Students will receive a free uniform, which can be picked up at WCT in Westport. At the end of the program, students will have the opportunity to take the promotion belt test at WCT (test fee of \$60) to get their yellow belt and a trophy.

8 sessions / \$159

SES Gym 324a	Mondays	Jan 30–Mar 27	2:50–3:50 pm	no class Feb 20
KHS Gym 324b	Wednesdays	Feb 1–Apr 5	3:20–4:20 pm	no class Feb 22, Mar 22
CES Gym 324c	Fridays	Jan 27–Apr 7	3:20–4:20 pm	no class Feb 17, 24, Mar 24

World Champion Taekwondo is the largest such organization in Connecticut and has provided the finest quality martial arts training for over fifteen years. Visit www.bigkick.com.

Kids Division

Westport AllStars Basketball

Coach Chris Fay, of CT Elite, was named the 2016 Nike/Gatorade Phenom National East/West All Star coach in San Diego and was featured on ESPN. Chris played basketball at Fairfield Prep and Norwalk Community College, where he set the single season scoring record. Widely regarded as a top youth coach, Chris enjoys helping kids realize their basketball dreams, one dribble at a time.

Coach Chris Fay, the Shot Doctor, presents Westport AllStars Basketball Winter Sunday Shootout grades 2–8; boys & girls

Learn to shoot the right way! Featuring shooting, ball handling, skills, drills, and games. Take advantage of extra court time, improve all season long, and keep your shot sharp. We play at Saugatuck Elementary School, every Sunday except school holidays, on two full courts with six baskets. Lower hoops for smaller ballers. Pro-rated registrations welcome; join anytime. Call for prices.

12 sessions / \$175

SES Gym 348	Sundays	Dec 4–Mar 19	1:00–2:30 pm	no class Dec 25, Jan 1, 15, Feb 19
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Coach Chris Fay, the Shot Doctor, presents Westport AllStars Basketball Spring Clinic

Learn to play the right way! Tune up your game with shooting guru and ball handling wizard, CT Elite coach Chris Fay, the Shot Doctor. Featuring shooting, skills and drills, scrimmages, defense, strategy and sportsmanship. We play in the main gym at Staples High School. Two full courts, six baskets, with lower hoops for our smaller ballers. Staff includes top area coaches.

grades 2–5 / 16 sessions / \$225

SHS Gym 322a	Tue & Thu	Mar 28–May 25	5:30–6:30 pm	no class Apr 11 & 13
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grades 6–12 / 16 sessions / \$225

SHS Gym 322b	Tue & Thu	Mar 28–May 25	6:30–7:30 pm	no class Apr 11 & 13
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Turn the page for more Fitness + Sports classes

Zumba® grades 3–5

This Zumba® class takes you on a shimmying, shaking, strutting tour of the world through dance and music. It's a kid-friendly, high-energy, weekly dance party, with no prior dance experience required or expected. Whether you have two left feet or you own tap shoes, everyone is welcome on our dance floor. We'll break down the choreography, show you how to combine moves, add in super fun games and activities, and put it all back together again—to your favorite pop music—as we get fit, get healthy, and get our groove thing on! [Taught by Jen Mitteness]

8 sessions / \$89

LLS 856a	Wednesdays	Feb 1–Apr 5	3:20–4:20 pm	no class Feb 22, Mar 22
CES Gym 856b	Thursdays	Jan 26–Mar 30	3:20–4:20 pm	no class Feb 23, Mar 23

Games

Chess Club grades 1–5

Led by professional instructors from the Chess Club of Fairfield County (CCFC), players new to the game will learn the basic rules, movements and goals of the game. All participants will also study opening strategy, middlegame concepts, classic games by chess legends, and common endgame techniques. CCFC's curriculum was designed with a focus on developing critical thinking, decision making, and time management skills. Plus, who doesn't love saying checkmate? Keep learning; returning students welcome.

10 sessions / \$205

LLS Music Rm. 132 318a	Mondays	Jan 23–Apr 3	3:20–4:20 pm	no class Feb 20
KHS 11 318b	Tuesdays	Jan 24–Apr 4	3:20–4:20 pm	no class Feb 21
SES Library 318c	Wednesdays	Jan 25–Apr 19	2:50–3:50 pm	no class Feb 22, Mar 22, Apr 12
CES 43 318d	Thursdays	Jan 26–Apr 20	3:20–4:20 pm	no class Feb 23, Mar 23, Apr 13
GFS Library 318e	Fridays	Jan 27–Apr 28	3:20–4:20 pm	no class Feb 17, Feb 24, Mar 24, Apr 14

The Chess Club of Fairfield County is a leading resource for educational and recreational chess services in the region, serving all of Fairfield County. Visit www.fairfieldcountychess.com.

STEM

Bricks 4 Kidz® grades K–3

Explore STEM principles and develop problem solving and critical thinking skills as you build structures out of LEGO® bricks, using one-of-a-kind model plans designed by engineers and architects.

Bricks 4 Kidz® presents Remote Control Mania

Making it move is the name of the game in this exciting class for kids who love robots... and who doesn't love robots? Use LEGO® components to create dynamic vehicles, inventions, and machines, as you learn the basic working principles of many of the ingenious devices that are part of our everyday lives. If you're a budding builder or a future engineer, this is where you want to spend your afterschool hours.

8 sessions / \$215

CES Art Rm. 19 927a	Mondays	Jan 30–Mar 27	3:20–5:00 pm	no class Feb 20
KHS Art Rm. 108 927b	Fridays	Feb 3–Apr 21	3:20–5:00 pm	no class Feb 17, 24, Mar 24, Apr 14

Bricks 4 Kidz® presents Construction Craze

Put on your hard hat and head on over to our construction site! Make your own tools, from a hand-held drill to a power saw to an all-terrain bulldozer. One of those devices has a history stretching from the Stone Age to the Space Age... know which one? How about where the word bulldozer comes from? Or how big the biggest dump truck in the world is? Catch the Construction Craze and build your knowledge of construction while you construct motorized models of dump trucks, jackhammers, drills, power saws, and more.

6 sessions / \$160

GFS 105 928a	Mondays	Apr 17–May 22	3:20–5:00 pm	
5 sessions / \$135				
KHS Art Rm. 108 928b	Fridays	May 5–Jun 2	3:20–5:00 pm	

Zaniac

Founded by economist, professor, and author Paul Zane Pilzer, Zaniac's mission is to provide programming so kids can become self-directed, curious scientists, engineers, and designers.

Zaniac presents Game Based Learning: Minecraft™ Exploration grades K–2

Minecraft™ is much more than a game. In this game-based learning class, Zaniac instructors guide students through Minecraft™ challenges designed to teach math and science concepts. Students learn Cartesian coordinates and how to use them to navigate through a digital world, as they work with friends to accomplish group missions. They'll explore concepts like biomes and gravity, life science and physics, mechanics, design, architecture, space exploration, and more, all while playing the game they love. No prior experience necessary; repeat students are welcome.

8 sessions / \$160

KHS Comp. Lab 610	Mondays	Feb 27–Apr 24	3:20–4:20 pm	no class Apr 10
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Zaniac presents Game Based Learning: Minecraft™ Galaxy grades 3–5

If you can't beat them, join them. You probably can't stop your kid from playing one of the world's most popular computer games, but Zaniac can make it educational. In this game-based learning class, Zaniac instructors will lead your child on a cosmic adventure. In Minecraft Galaxy, future space travelers can design and build their own spacecraft using the Galacticraft mod (that's short for "modification"—feel free to impress your kids with the term). Then it's off to explore the solar system! Go to the moon, the International Space Station, or even Mars. Back on Earth, Zaniac instructors will take kids beneath the waves, as they explore the oceans and undersea life. No prior experience necessary; Minecraft™ Architectural Design students welcome.

7 sessions / \$150

LLS Comp. Lab 1 612a	Tuesdays	Apr 18–May 30	3:20–4:20 pm	
GFS Comp. Lab 1203 612b	Wednesdays	Apr 26–Jun 7	3:20–4:20 pm	
SES Comp. Lab 156 612c	Thursdays	Apr 20–Jun 1	2:50–3:50 pm	

Mad Science grades 1–4

Mad Science transforms laboratory science into fun, interactive learning experiences for kids.

Mad Science presents Sense-sational Science

Your five senses give you clues about what's yummy and what's yucky, what's safe and what's scary, and the difference between perfume and pee-yew! Explore the senses with us and have a hair-raising experience. See the world through rainbow-colored glasses and color your world with a Technicolor blender. Discover why your nose is as important as your tongue when it comes to how your food tastes and how to travel using sound. Let Mad Science help you sharpen your senses, so you can make sense of the world.

8 sessions / \$215

SES 134 912a	Mondays	Jan 30–Mar 27	2:50–3:50 pm	no class Feb 20
GFS Art Rm. 130 912b	Tuesdays	Jan 31–Mar 28	3:20–4:20 pm	no class Feb 21
KHS Art Rm. 108 912c	Wednesdays	Feb 1–Apr 5	3:20–4:20 pm	no class Feb 22, Mar 22
LLS Art Rm. 6 912d	Fridays	Jan 27–Apr 7	3:20–4:20 pm	no class Feb 17, 24, Mar 24
CES Art Rm. 19 912e	Fridays	Jan 27–Apr 7	3:20–4:20 pm	no class Feb 17, 24, Mar 24

Mad Science presents Academy of Future Space Explorers / NASA

Explore the farthest reaches of our solar system on a Mad Science planetary tour. Create a lunar eclipse. Journey through a soapy galaxy and investigate the life cycle of stars. Design a car engine, race a balloon rocket, and build your own Skyblazer II rocket or a UFO—a unique flying object, that is. Now that you mention it... how *do* those things fly? (Hint: it has something to do with the four forces of flight, and you'll learn all about them in our out-of-this-world class.)

6 sessions / \$165

SES 134 916a	Mondays	Apr 17–May 22	2:50–3:50 pm	
GFS Art Rm. 130 916b	Tuesdays	Apr 18–May 23	3:20–4:20 pm	
KHS Art Rm. 108 916c	Wednesdays	Apr 26–May 31	3:20–4:20 pm	
LLS Art Rm. 6 916d	Fridays	Apr 28–Jun 2	3:20–4:20 pm	
CES Art Rm. 19 916e	Fridays	Apr 28–Jun 2	3:20–4:20 pm	

Turn the page for more STEM classes

Citizen Invention

Citizen Invention aims to foster creative confidence through design thinking and rapid prototyping projects and to empower youth and adults to imagine innovative solutions to everyday problems. Visit www.citizeninvention.com.

Citizen Invention presents Creative Robotics grades K-2

Kids and robots go together like green eggs and ham, like Batman and Robin, like thunder and lightning! Creative Robotics introduces little engineers to a variety of age-appropriate robots and robotics kits—like Ozobots, Dash and Dot, and littleBits, electronic building blocks. Learn to create, code, and connect to the digital world, and program your tiny 'bot to draw, dance, navigate a maze, play a board game, and more.

6 sessions / \$150

GFS 105	Mondays	Jan 30–Mar 13
604a	3:20–4:20 pm	no class Feb 20
CES 39	Tuesdays	Jan 31–Mar 14
604b	3:20–4:20 pm	no class Feb 21
LLS Workshop 211	Wednesdays	Feb 1–Mar 15
604c	3:20–4:20 pm	no class Feb 22
CES 39	Tuesdays	Apr 4–May 16
604d	3:20–4:20 pm	no class Apr 11
LLS Workshop 211	Wednesdays	Apr 19–May 24
604e	3:20–4:20 pm	
SES Art Rm. 126	Fridays	Apr 21–May 26
604f	2:50–3:50 pm	

Citizen Invention presents Creative Robotics grades 3-5

The robots are here! There are robots to do chores, robots that are family companions, and robots that can assist with everyday activities. A vending machine is one kind of robot; a remote control car is another. What kinds of robot do you want to build? An animal robot to play with in the backyard? Or a robotic arm to pick up your dirty clothes? (Please pick up your dirty clothes!) This program will introduce young engineers to robotic construction kits, mobile device enabled motors, and sensors that you can use to build the robots of your imagination.

6 sessions / \$189

LLS Room 125	Thursdays	Feb 2–Mar 16
605a	3:20–4:35 pm	no class Feb 23
SES Art Rm. 126	Fridays	Feb 3–Mar 31
605b	2:50–4:05 pm	no class Feb 17, 24, Mar 24
KHS Art Rm. 108	Thursdays	Apr 27–Jun 1
605c	3:20–4:35 pm	

Scratch for Kid Coders

grades 3-5

Scratch, a visual programming language developed at MIT, is designed to make computer programming more engaging and accessible for young students. And it works! Send us your young programmers, and we'll teach them to think creatively, reason systematically, and work collaboratively, as they learn important mathematical and computational ideas. You'll know they're picking up important 21st century skills; they'll be creating characters, drawing shapes, generating spirographs, designing games, choosing music, navigating mazes, and much more. Don't just play on the computer; program it!

8 sessions / \$175

CES 26	Wednesdays	Feb 1–Apr 5
619a	3:20–4:20 pm	no class Feb 22, Mar 22
KHS 205	Thursdays	Jan 26–Mar 30
619b	3:20–4:20 pm	no class Feb 23, Mar 23
GFS 105	Fridays	Jan 27–Apr 7
619c	3:20–4:20 pm	no class Feb 17, 24, Mar 24

With classes that are fun and creative, CompuChild encourages students to develop the skills needed to become tomorrow's innovators and leaders by providing STEAM curriculum that teaches students to become better communicators, collaborators, and critical thinkers.

Theater Arts

TheaterPlay! presents Hamilton & Broadway Edition grades K-1, 2-5

An innovative, fun-filled, play-based way to learn about the theater, this TheaterPlay! class features icebreaker games, improvisation, movement and dance, hip hop, Broadway songs, scene work (grades 2-5 only), and even stage combat. Whether you have child who longs for the limelight or one who doesn't even like to have his picture taken, this class offers something for every student. TheaterPlay! is founded on the belief that students learn through creative theater games and what could be more fun than make-believe? Bring a nut-free snack; class may be held outdoors, weather permitting. [Taught by Laura Pendergast]

grades K-1 / 8 sessions / \$105

GFS Music Rm. 127	Thursdays	Feb 2–Apr 6
692a	3:20–4:20 pm	no class Feb 23, Mar 23
KHS Library	Fridays	Jan 27–Apr 7
692b	3:20–4:20 pm	no class Feb 17, 24, Mar 24

grades K-1 / 6 sessions / \$79

GFS Music Rm. 127	Thursdays	Apr 27–Jun 1
692c	3:20–4:20 pm	

KHS Library

692d	Fridays	Apr 28–Jun 2
	3:20–4:20 pm	
grades 2-5 / 8 sessions / \$105		
CES 24	Mondays	Jan 30–Mar 27
692e	3:20–4:20 pm	no class Feb 20
GFS Music Rm. 127	Tuesdays	Jan 31–Mar 28
692f	3:20–4:20 pm	no class Feb 21
LLS Music Rm. 1	Wednesdays	Feb 1–Apr 5
692g	3:20–4:20 pm	no class Feb 22, Mar 22

grades 2-5 / 6 sessions / \$79

CES 24	Mondays	Apr 17–May 22
692h	3:20–4:20 pm	
GFS Music Rm. 127	Tuesdays	Apr 25–May 30
692i	3:20–4:20 pm	

Laura Curley Pendergast graduated from Saint Lawrence University with a BA in theater arts. An actor, singer, dancer, and playwright, her credits range from Brooklyn's BAM Opera House to regional theaters, and she was the managing director of the Off-Broadway Triangle Theater in New York City. Laura is the proud owner of Junior the Wonder Dog, who starred in an Emmy-award winning episode of ABC's *Born to Explore*.

Little Actors

grades K-2

The Greeks knew it and recent research confirms it: drama enhances understanding, empathy, complex thinking, even spatial reasoning and vocabulary, for the audience *and* the performers. It's never too early to take center stage, and Little Actors is the perfect introduction to the theater arts. Using improv, drama exercises, storytelling, and a weekly craft project, Little Actors will focus on teamwork, listening, and basic stage movement. Join the troupe and develop imagination through creative play. Parents are invited to attend an informal presentation during the last week of class.

8 sessions / \$105

LLS Music Rm. 1	Tuesdays	Jan 31–Mar 28
627a	3:20–4:20 pm	no class Feb 21

6 sessions / \$79

CES Conf. Rm. 11	Wednesdays	Apr 26–May 31
627b	3:20–4:20 pm	
SES Music Rm. 121	Thursdays	Apr 27–Jun 1
627c	2:50–3:50 pm	

Elizabeth Donnelly's regional acting credits include numerous productions in Connecticut and New York. She is a founding member of the Actors' Equity theatre company Fifth Letter Productions and a faculty member at the Warner Theatre Center for Arts Education.

One Act Players

grades 3-5

If anyone's ever told you to stop being so dramatic, don't listen. Instead, take this class designed to develop the vocal and physical techniques that support strong storytelling. Our very own One Act Players will be guided through informal auditions, casting, rehearsals, and, finally, a performance. Each class will build on the previous one, and all classes will be geared towards students discovering their most creative and confident self. Learn acting techniques, polish your public speaking skills, or just come and play! [Taught by Elizabeth Donnelly]

8 sessions / \$159

CES Conf. Rm. 21	Wednesdays	Feb 1–Apr 5
628a	3:20–4:50 pm	no class Feb 22, Mar 22
SES Music Rm. 121	Thursdays	Feb 2–Apr 6
628b	2:50–4:20 pm	no class Feb 23, Mar 23

6 sessions / \$119

LLS Music Rm. 1	Tuesdays	Apr 25–May 30
628c	3:20–4:50 pm	

Magic Club

grades K-5

We can't teach you to make your little sister disappear—that wouldn't be right!—but we can reveal the secrets of the professional magician in this critically acclaimed program. Experience the wonder of magic as you learn the ancient art of prestidigitiation. Improve your presentation, public speaking, and leadership skills, build self-confidence and poise, and develop stage presence. Plus, disappearing coins! Magic scarves! Card tricks! We promise a truly magical experience. Each week, you'll receive tricks and materials to take home with you. Students repeating this class will receive new tricks to take home and, with the wave of a wand, will become magical aides for new students. Non-refundable materials fee of \$5 per week included.

12 sessions / \$225

LLS Music Rm. 1	Thursdays	Feb 2–May 11
841a	3:20–4:20 pm	no class Feb 23, Mar 23, Apr 13

KHS 24	Mondays	Jan 30–May 1
841b	3:20–4:20 pm	no class Feb 20, Apr 10

Nisan Eventoff, internationally known master magician, has never made his little sister disappear, but he has been known to pull a rabbit out of a hat every now and then.

Turn the page for more Theater classes

Lights, Camera, Action!

grades 3–5

Always wanted to direct? Learn how to create your own movies using video cameras and iMovie software. This class will give you the tools you need to create a movie from script to final production, with lessons on lighting, camera angles, sound, and editing. Don't just watch the movie; make the movie. All materials will be provided; enrollment is limited.

8 sessions / \$125

LLS LMC 663 Thursdays Feb 2–Apr 6
3:20–4:20 pm no class Feb 23, Mar 23

Barbara Eilertsen has been teaching for over 25 years. In that time, she has been a classroom teacher, a math teacher, and a technology teacher. Currently the library media specialist at Long Lots, Barbara loves movies. But even more, she loves to watch what children do when you put a camera their hands.

Middle School

See page 23 for **Connie Goodman Tennis (6–8)** and page 29 **Westport AllStars Basketball Winter Sunday Shooter (6–8)** and **Spring Clinic (6–12)**

American Red Cross Babysitters Course

ages 11 to 15

Be the best babysitter you can be with this class brought to you by the nation's leading provider of childcare education. You'll learn the skills you need to be a safe and responsible babysitter: how to care for children and infants, be a good leader and role model, make good decisions, solve problems, and handle injuries, illnesses, and other household emergencies. Earn your Red Cross Babysitters Certification. **Students must be present for entire class time to receive Babysitters Certification; no makeup classes are available.** [Taught by Red Cross certified teacher, Paula Lacy]

3 sessions / \$155

SHS 1036 367a Thursdays Jan 26, Feb 2 & 9
3:15–5:15 pm

SHS 1036 367b Thursdays Mar 9, 16 & 30
3:15–5:15 pm

SHS 1036 367c Thursdays May 4, 11 & 18
3:15–5:15 pm

CT Juniors Volleyball for Girls

grades 4–12

CT Juniors Volleyball is one of the most respected volleyball development programs in the East. Founded by Tyson Krause, an internationally certified coach and 2003 inductee into the Connecticut High School Volleyball Hall of Fame, CT Juniors is modeled after the most successful California juniors programs—designed to build skills, committed to coaches, players, and parents, and structured to enable players to form friendships, prepare for high school play, and become leaders, both on and off the court. For information about payment plans, visit www.ctjuniorsvolleyball.com.

Extra Effort: Level 1

grades 4–6

A lower net program focused on fun, fundamentals, and basic skills: passing, serving, setting, approach, arm swing, rotation and rules. No previous experience necessary.

8 sessions / \$215

SHS Fieldhouse 254 Sundays Apr 23–Jun 11
5:00–6:30 pm

Extra Effort: Level 2

grades 6–8; 6th graders must have completed at least one previous CT Juniors program

A women's regulation height net program focused on advancing skills, including: serve receive, offensive and defensive positions, digging, blocking, approach-jump-hit, emergency drills, and combination movements.

8 sessions / \$275

SHS Fieldhouse 255 Sundays Apr 23–Jun 11
5:00–7:00 pm

Spring Volleyball Program

grades 7–12

A series of 5 clinics, each covering a different aspect of the game, plus, a 6th day of game play! This program is not for beginners. 8th graders are expected to have prior experience before signing up; 7th graders must have participated in the CT Juniors 2017 Winter Program in order to participate in the Spring Volleyball Program.

6 sessions / \$225

SHS Fieldhouse 256 Sundays Apr 23–May 28
5:00–7:30 pm

Nouveau Nutrition presents Global Cuisine: Around the World in 4 Weeks

grades 6–8

Don't settle for takeout; hack your snacks! Take a culinary tour of the world with us and learn to make your favorite global grub tastier, healthier, and cheaper. Re-create the food you love, with fewer calories and fresher ingredients, in less time than it takes to get pizza delivered. You'll improve your kitchen skills, expand your palate, and learn by doing. From homemade tortillas for terrific tacos to marvelous meatballs, we promise you'll cook up some fun. Themes include: Mexican Fiesta, Chinese Takeout, Buon Appetito, and Vamos a Comer. A non-refundable fee of \$40 is included. Please note: the classrooms and kitchens where our cooking classes are held are not food allergy free. Nuts, shellfish, etc., are used frequently.

4 sessions / \$199

SHS Room 182 273 Wednesdays Mar 1–Mar 29
3:00–5:00 pm no class Mar 22

Kira Pantschenko is a nutrition expert and the founder of Nouveau Nutrition. She believes that if you give children a healthy meal, you feed them for a day; if you teach children how to make healthy meals, they will eat well for a lifetime. Visit www.nn4kids.com.

Rocketry

grades 6–8

It's not rocket science... Wait. It is rocket science. This long-running afterschool class brings rocket building to Bedford, complete with a countdown and launch. Join model rocket enthusiast Lou Kitchner as you construct a rocket from a kit, add your own unique touches, and then launch it hundreds of feet into the sky. Along the way, you'll learn about flight and motion, thrust and acceleration. And you'll use and sharpen your scientific process skills, like reading and following directions and diagrams, observing and evaluating, predicting, and problem solving. Always wanted to go to space? Problem solved.

6 sessions / \$140

BMS 272 449a Tuesdays Feb 28–Apr 4
3:00–4:30 pm

BMS 272 449b Fridays Mar 3–Apr 7
3:00–4:30 pm

Lou Kitchner runs the rocketry program at Renbrook Summer Adventure and is an active member of the National Association of Rocketry. A Westport music teacher, Lou likes to whistle as he works on his rockets.

Public Speaking

grades 6–8

Does the thought of a class presentation make you break out in a cold sweat? Would you rather do almost anything than give a speech? Even though it may fill you with fear, public speaking is an important skill, and it's one you can master. Do it where you feel comfortable, with teachers you already know. Practice the fundamentals of good public speaking, learn to speak extemporaneously (and what extemporaneously means), and, ultimately, speak in front of a group. This class will use public speaking games, TED Talks, and school projects to make learning to—*gulp*—speak in front of a crowd fun. Or at least less terrifying.

4 sessions / \$139

BMS 213 672 Thursdays Apr 6–May 4
3:00–4:30 pm no class Apr 13

Alison Antunovich and Courtney Ruggiero are 8th grade teachers at Bedford Middle School. They've co-taught a TED Talks workshop through the Connecticut Writing Project at Fairfield University, and they're excited to bring their experience back to Westport. If you ask them nicely, they'll both stand up and recite a poem. Neither is afraid of public speaking... anymore.

High School

See previous page for **CT Juniors Volleyball Spring Program** and page 29 for **Westport AllStars Basketball Spring Clinic (6–12)**

American Red Cross Lifeguarding Class

Participants must be 15 years old on or before the final scheduled session of this course; please see our website for swimming prerequisites

Learn the skills you need to prevent, recognize, and respond to aquatic emergencies and to provide professional-level care for breathing and cardiac emergencies, injuries, and sudden illnesses until EMS personnel take over. The class will cover water rescue skills, first aid, CPR for adults, children, and infants, use of an AED. **Students must be present for the entire class time to receive certification.** Non-refundable fees of \$35 for Red Cross certification cards and \$5 for class materials are included.

5 sessions / \$395

SHS Pool & Rm. 186 847 Tuesday–Saturday Feb 21–25
8:00 am–2:00 pm Feb 26 makeup day

Jeff Doornweerd is a physical education teacher at Staples High School and has been teaching aquatics and lifeguarding courses for the last four years. He is a certified American Red Cross Lifeguard Instructor and has over 15 years of lifeguarding experience at various aquatic facilities.

Turn the page for more High School classes

PSAT 10

Staples High School sophomores only

Take a timed PSAT 10, administered according to College Board guidelines and scored by the College Board. Learn about your strengths and weaknesses on this important test designed especially for sophomores. Limited enrollment. \$15 College Board scoring fee included. Bring No. 2 pencils; mechanical pencils not allowed. **Registration ends February 24.** No refunds; storm date March 18.

Mar 11 / 7:30–11:30 am / check in SHS Lobby / \$55

ACT® Prep Classes

Prepare for the ACT® with test-taking strategies, concept review, and the fundamentals. These classes cover the Math, English, Reading, Writing, and Science sections of the ACT. Take only the review class you need, or take them all. Build your confidence and improve your scores. Please see our website for which review book to purchase prior to the start of class.

Prepare for Apr 8 test

5 sessions / \$170

SHS 2030 English & Writing [taught by Paul Zajac]

311a Tuesdays Feb 28–Mar 28 2:30–5:00 pm

5 sessions / \$170

SHS 2030 Math [taught by Brian Smith]

311b Thursdays Feb 16–Mar 23 6:15–8:45 pm
no class Feb 23

2 sessions / \$75

SHS 2030 Science [taught by John Killian]

311c Wednesdays Mar 22 & 29 6:15–8:30 pm

Prepare for June 10 test

5 sessions / \$170

SHS 2030 English & Writing [taught by Paul Zajac]

311d Tuesdays May 2–30 2:30–5:00 pm

5 sessions / \$170

SHS 2030 Math [taught by Brian Smith]

311e Thursdays May 4–Jun 1 6:15–8:45 pm

2 sessions / \$75

SHS 2030 Science [taught by John Killian]

311f Wednesdays May 24 & 31 6:15–8:30 pm

New SAT® Prep: Critical Reading/Writing

Learn test-taking strategies, review fundamentals in reading comprehension, sentence completion, and essay writing. Teaching strategies include large group instruction, practice exams, and individual student instruction. Increase your vocabulary, learn to become a better writer, and improve your SAT® scores. Please see our website for which review book to purchase prior to the start of class. [Taught by Paul Zajac]

Prepare for March 11 test

5 sessions / \$170

SHS 2032 Wednesdays Jan 25–Mar 1

309a 2:30–5:00 pm no class Feb 22

Prepare for May 6 & June 3 tests

5 sessions / \$170

SHS 2032 Wednesdays Mar 22–Apr 26

309b 2:30–5:00 pm no class Apr 12

New SAT® Prep: Math

Learn test-taking strategies, review fundamentals in arithmetic, algebra, geometry, and basic trigonometry concepts. Teaching strategies include large group instruction, practice exams, and individual student instruction. Build up your confidence and improve your SAT® scores. It is recommended that students registering for this class have taken or be currently enrolled in Algebra 2. See our website for which review book to purchase prior to the start of class. [Taught by Brian Smith]

Prepare for Mar 11 test

5 sessions / \$170

SHS 2032 Mondays Jan 23–Feb 27

309c 6:15–8:45 pm no class Feb 20

Prepare for May 6 & June 3 tests

5 sessions / \$170

SHS 2032 Mondays Mar 13–Apr 24

309d 6:15–8:45 pm no class Mar 27, Apr 10

State of Connecticut Department of Motor Vehicles Certified Driver Education

Eligible students: 16- to 18-year-old high school students who attend Staples High School or reside in Westport. Our program is taught by certified Connecticut public school teachers with years of experience working exclusively with Staples High School students. Driver Ed registration and permission forms with additional details are available in our office and on our website. You cannot register online for Driver Education.

Driver & Traffic Safety Education

(1/4 credit toward graduation)

Thirty (30) hours of classroom instruction (includes 8 hours of Safe Driving & Alcohol & Drug Education). Course is completed only when the student has taken all 30 hours of class and a parent or legal guardian and his or her child have attended a 2-hour Mandatory Safe Driving Practices Class (see below). Perfect attendance and punctuality are required. [Taught by Rob Rogers]

30 hours of instruction / \$220

306c Registrants must also sign up for 307c

SHS 1034 Tues & Thurs Jan 26–Mar 23

3:00–5:00 pm no class Feb 21 & 23

No afternoon class on Jan 31; registrants must attend parent/child class 307c that night; see below

306d Registrants must also sign up for 307d

SHS 1034 Tues & Thurs Apr 4–May 30

3:00–5:00 pm no class Apr 11 & 13

No afternoon class on Apr 6; registrants must attend parent/child class 307d that night; see below

After completing your Driver Ed class, you must come to our office to request the CS-1 Form, which you will need for your road test; expect to wait three days to receive the form.

2-Hour Parent & Child

Mandatory Safe Driving Practices Class

As part of the state-mandated, 8-hour Safe Driving & Alcohol & Drug Education, a parent or legal guardian and his or her child must together attend one of the following sessions for which you must register in advance. No additional fee.

For those taking 306c

307c SHS 1034 Tuesday Jan 31 6:00–8:00 pm

For those taking 306d

307d SHS 1034 Thursday Apr 6 6:00–8:00 pm

Safe Driving & Alcohol & Drug Education

Required for home-trained or private driving school-trained students under 18. Call our office for class dates. Note: these hours are included in the 30-hour Driver & Traffic Safety Education.

305 / 8 hours / SHS / \$125

Behind-the-Wheel Instruction / \$440

Learner's permit required

Driving hours (8) are scheduled by appointment at mutually agreeable times, after school and/or on weekends. Student-to-teacher ratio is 1-to-1. Begin the driving instruction well in advance of the testing date. You can begin BTW instruction after you have started your 30 hours of classroom instruction. Lessons may be scheduled in 1-, 1½-, or 2-hour increments. Instruction includes local driving in commercial and residential areas and parking skills. Vehicles are dual-brake controlled. Additional hours of practice driving with a parent are required by the State of Connecticut to total 40 hours of instruction. For students who have completed the 30-hour Driver & Traffic Safety Education course, the learner's permit must be in effect for at least 120 days (180 days otherwise) before the student can take the road test to obtain a driver's license. Contact your insurance company to determine if you will get a discount for completing BTW instruction. **Payments for BTW can be made in two installments. Please note: To cancel a lesson, the student is responsible for contacting the instructor at least one day in advance. Failure to do so will result in the student being charged for the lesson.**

Kids Division

Westport Center for Senior Activities / 21 Imperial Avenue

Westport Continuing Education is proud to partner with the Westport Center for Senior Activities to offer quality programming to Westport seniors and other residents. All classes require pre-registration and will be filled on a first-come-first-served basis. Please visit the Center online at www.westportct.gov/seniorcenter.

Center hours:

Monday–Friday / 7:30 am–4:30 pm

Thursday / 7:30 am–8:00 pm

Saturday / 8:30 am–3:00 pm

Among the courses, programs, services, and workshops offered at the Center are:

Computer Classes • Saturday + Sunday Socials • Movies with Dinner on Thursday Evenings • Mind-Body-Spirit • Health + Healing Classes • Culinary Classes • Yoga + Pilates Classes • Dance Classes • Foreign Language Instruction • Sculpture, Beading, Stained Glass + One Stroke Painting Classes • Fitness Center • Strength Training Classes • Aerobic Chair Classes • Support Groups • Blood Pressure + Hearing Screening • Tai Chi + Qigong Classes • Drawing, Oil Color + Watercolor Classes • College Level Lectures + Discussions

Mandated Programs

English as a Second Language (ESL), Adult Basic Education (ABE), General Education Development (GED®), and American Citizenship classes are no longer offered through Westport Continuing Education.

These programs are now offered free during the academic year to interested Westport residents through Norwalk Public Schools Continuing Education. Proof of Westport residency is required. Students 17 and 18 years of age must present a copy of their school withdrawal papers when registering for any class.

For information about Norwalk's extensive continuing education programs contact:

www.norwalkpublicschools.org

(click on the header for District and then on Continuing Education)

Or contact Linda Cervi at:

(203) 854-4115 or cervil@norwalkps.org.

Take Classes Online and Learn On Your Own Time

Westport Continuing Education has partnered with **ed2go** to offer a wide range of interactive, online courses. Affordable, fun, fast, and convenient, all classes are taught by expert instructors. And because you set the pace, you can ask questions and give or receive advice at any time during the course. Upon successful completion of the course, you will be able to download a certificate of completion. Browse through hundreds of courses on a wide variety of topics; new classes are added frequently.

To register, go to www.westportcontinuinged.com and click on the **ed2go** link.

Accounting + Finance • Business • College Readiness • Computer Applications • Design + Composition • Health Care + Medical • Language + Arts • Law + Legal • Personal Development • Teaching + Education • Technology • Writing + Publishing

Registration Form

Westport Continuing Education : Winter / Spring 2017

Today's Date _____

Name _____

Street Address _____

City _____

State _____

Zip _____

Home Phone _____

Work Phone _____

Cell Phone _____

Email Address _____

Registrants in grades K-12, please complete this section.

Grade _____

Date of Birth _____

School _____

Names of Parents / Guardians _____

Emergency Contact Name _____

Phone _____

Relationship to Child _____

Please list:

Health Problems _____

Allergies _____

Medications _____

Child's Doctor's Name _____

Phone Number _____

Course No.	Title	Start Date	No. of Sessions	Time	Location	Fee
Westport senior (62 or older) <input type="checkbox"/>						Registration fee: \$10 / \$5 for Westport seniors
					Total	

Registration fees do not apply to one-session courses. There is no registration fee for online registrations.

Payment Type: MasterCard VISA Check payable to Westport Continuing Education

Credit Card # _____

Exp. Date _____

3 Digit Security Code _____

Name on Card _____

Billing Address (if different than mailing address) _____

Refund Policy: see the inside back cover of our catalog or check our website.

Mail WCE, 70 North Avenue, Westport CT 06880 / **Fax** (203) 341-1218 / **Drop off** Staples High School, Room 1040

Stay tuned for our Summer 2017 catalog...

Camps, clinics, classes, and course for kids of all ages

- Discovery Camp
- Sports & Fun Camp
- All-Stars Sport & Fitness Camp
- Summer Theater Camps
- Art + Music Camps

Cooking Camps
Sports Camps
... and more!

CONTINUING EDUCATION

For any holiday, birthday, or other special occasion, consider giving the gift of learning at Westport Continuing Education.

Call (203) 341-1209 for information about gift certificates.

Westport Continuing Education

Ellen Israel
Director

Staff

Joanne Samela, *Business Manager*
Mary Youngling, *Office Administrator*
Sheila Gallanty, *Catalog Manager*
Amedeo Cannone, *Evening Administrator*
Cammie Goodyear, *Evening Secretary*

Contact Us

conted@westport.k12.ct.us

Westport Public Schools

Dr. Colleen Palmer
Superintendent

Board of Education

Michael Gordon, *Chair*
Jeannie Smith, *Vice Chair*
Elaine Whitney, *Secretary*
Mark Mathias
Karen Kleine
Vik Muktavaram
Candice Savin

Continuing Education Cancellation Policy

If we cancel a class, all tuition and fees will be refunded • There are no refunds or credits for withdrawal from single-session classes or workshops • Withdrawal requests must be submitted in writing and must be received via email, fax, or mail at least 2 weeks prior to the start of class. Your tuition will be refunded less a \$35 cancellation fee • No refunds or credits will be given for withdrawals in the 2 weeks preceding the start of class • Please contact our office at (203) 341-1209 or conted@westport.k12.ct.us for information about the above.

Continuing Education Photograph & Video Policy

Westport Continuing Education may be contacted by the media to feature or publicize an achievement or activity by a student or group of students. Students may be photographed or televised as part of these activities. Their names, schools, and grades may also be used. Students' names and photos may also be used in school system publications, such as catalogs, newsletters, school or grade-level videos, etc. Students' photos (without identification) also may be used on Continuing Education or school web pages. A teacher may videotape a class for personal professional development, an educational article, or other professional activities. Adult students and parents who do not want their child/children to participate in such media or publicity should inform the teacher that they or those children are not to be photographed.

Handicapped Access

Individuals requiring accommodations to attend one of our programs are requested to contact the director of Westport Continuing Education at (203) 341-1209 or at conted@westport.k12.ct.us.

Affirmative Action Policy Statement

Westport Continuing Education does not discriminate on the basis of ethnicity, race, color, age, marital status, gender, disability, sexual orientation, religion, mental or physical disability, or any other legally recognized protected status in any of its employment practices, school activities, or educational programs.

Inclement Weather & Other School Closings

Mornings

In the event that Westport Public Schools are closed for inclement weather or another emergency, or if there is an early dismissal, WCE classes will be automatically canceled.

All class cancellations will be announced on our website, www.westportcontinuinged.com.

For up-to-the-minute information about school closings and early dismissals, please tune your radio to the following local stations:

- WEBE 107.9 FM**
- Star 99.9 FM**
- WICC 600 AM**
- News 12 CT**
- WTNH TV Channel 8**
- WFSB TV Channel 3**
- WNBC TV Channel 4**
- NBC Channel 30**

Afternoons

If inclement weather starts in the afternoon, and you are uncertain about whether classes will be held, please check your email for a message from our office. If you do not see an email, please call our office at (203) 341-1209, or check the WCE website:

www.westportcontinuinged.com

Check our website...

... for additional classes and programs that may have been added after the catalog was printed:

www.westportcontinuinged.com